

### **FAIRFIELD HIGH SCHOOL**

# THE BRIDGE

Term 2 Week 10

Friday 25th June 2021

#### From the Principal's Desk

#### Start of the Year

Dear Parents 2021 has started well especially for our Year 7 students who have settled into the school very well. Many of the COVID-19 restrictions have now been removed and it is wonderful to be able to have parents face to face at the school once again. Throughout this year there will be a number of events organised for parents which I encourage you to attend and be part of.

## School Improvement Plan and Annual Report

This year sees the start of the 2021-2024 School improvement Plan. Thank you to Ms Knapman who has led this process at Fairfield High School. Our strategic directions going forward will be:

- 1. Student Growth and Attainment
- 2. Student Wellbeing and Engagement
- 3. Collaborative Practice and Effective Partnerships

The school has also finalised its 2020 Annual Report. Both these documents are available on the school website.

#### Year 12

Our Year 12 students have continued to work hard this year. It is very important that they remain focused and do the best they can in both classwork and assessment tasks. The Trial HSC exams take place in weeks 3 and 4 next term and all the HSC students should be regularly revising and studying so they can achieve their best.



#### **Vaping**

Recently we have seen an increase in the number of students using ecigarettes (otherwise known as 'vaping') across local schools and in our community. We take this issue seriously due to the negative health effects vaping can have on young people, who are often unaware of the risks associated with the practice. Vaping is the act of inhaling a vapour produced by an e-cigarette or electronic vaporizer. The vapour can contain nicotine and other substances and may expose users to chemicals and toxins which are harmful to health. The devices are small and can be easily hidden in a pocket or bag. The most popular disposable vapes resemble large USB sticks highlighter pens as pictured.



#### **Upcoming Events**

Term 3 & 4 2021

Students return
Tuesday 13th July
Remote Learning

Year 12 Exams Trials
TBA

Year 12 Picnic Monday 13<sup>th</sup> September

Year 12 Graduation 15<sup>th</sup> September

Last day of Term 3
Friday 17<sup>th</sup> September

Students return
Tuesday 5<sup>th</sup> October

# Content Curriculum 4 Community 23 IEC 31

The NSW Department of Education has advised schools that students should not bring e-cigarettes or e-cigarette accessories onto school premises or use them during school-based activities. Consistent with Department of Education and school policy - vaping, selling or being in the possession of e-cigarettes will result in our students being reported to their parents and may result in suspension.

We are asking parents to be informed about this ongoing concern and to speak to their children about making positive decisions. Additional information to support parents and students can be found at https://www.health.nsw.gov.au/tobacco/Pages/el ectronic-cigarettes.aspx

Watch this video <a href="https://youtu.be/2BolFZK0EJg">https://youtu.be/2BolFZK0EJg</a>

I have included some further information later in this newsletter.

#### **Attendance and Lateness**

Whole school attendance at school is extremely important. Research shows that students who miss school regularly are at a much higher risk of leaving school early and not being able to find employment as well as not reaching their full academic potential. One of the things that the school is focusing on for the next few years is an improvement in attendance. Students are expected to attend school at least greater than 90% of the time. The Department of Education has set our school a target around improved attendance. Please endeavour to send your child to school every day and only keep your child at home if they are genuinely sick. Together we can give our children the education they deserve. Please also note that school starts at 8.50am each day. Students should be aiming to get to school at 8.30am to make sure they are on time.

#### Positive Behaviour for Learning Day

On Tuesday 8 June 2021 the school had its annual Positive Behaviour for Learning (PBL) Day. The students were able to enjoy musical performances by our students, an Aboriginal smoking ceremony, Assyrian drumming, a petting farm yard and many other activities. The day concentrated on the values of our CARE Code: Community Achievement Respect and Environment. All the students and staff had a great day. Thank you to Ms Siddiqi and her team for organising the day.

#### **School Improvements**

We are continuing to make many improvements to our school environment. Earlier this year we finalised our shaded structure outside the canteen area with artificial grass and many colourful picnic tables. Our walkways are being rebuilt and we are putting some new ones in to help protect students from the rain as they walk from one class to the next. Many classrooms have been repainted and recarpeted. The school is in the process of purchasing new classroom furniture and we have an emphasis on developing vibrant and inviting classrooms. During the holidays or shortly thereafter we are planning on redesigning and refreshing our boys and girls toilets as well.

Finally, as we end Semester 1 I wish each and every student and their family a safe and relaxing holiday. See you all next term.





Principal
Mr Charles Borg



#### From The Deputy Principal

Dear Parents and Students,

I believe that student success relies heavily on attendance, positive behaviour and a commitment to learning. In light of this, it is of paramount importance that all students attend school regularly and make a strong commitment to their learning. If your daughter or son is away from school for any reason, you (the parent) must supply the school with a note explaining your child's absence. Satisfactory attendance is calculated at 90% and we as a school are striving to improve that minimum standard for all students at Fairfield High School.

I would like to remind all parents that school starts at 8:50am and we expect all students to be punctual. Often, the students blame late buses, trains or parents driving them to school too late. These excuses are not acceptable as lateness eats into valuable learning time. As parents, please ensure that your children are not late to school. If your child arrives late, a note is required to explain their lateness.

Term 2 has been a very busy term for both staff and students. The semester one assessment period for years 7-12 has taken place and reports are being written across the school. It is very important that communication is open and productive between teachers and parents as this is the vehicle to improved learning. Many hours of marking and report writing are put into very individualised and specific pointers that will assist in your son's and daughter's learning journey.

Year 11 attended a Student/Teacher Conferencing afternoon, where they had the opportunity to received quality teacher feedback about their progress in each subject and how best to work towards improving and preparing for the Year 11 Yearly Examinations in Term Three. Unfortunately, due to COVID19, once again Fairfield High School was unable be hold a Parent/Teacher evening. Hence Year 7-11 reports were distributed the last week of Term Two. I encourage all parents to engage in discussions around their child's progress with their teachers via a phone appointment.

#### **Subject Selection for 2021**

Both Year 8 and Year 10 had some important decisions to make this Term in regards to the electives they select for next year. These decisions should have been considered ones, as they become the subjects that students attain their RoSA and HSC certificates in. Students have had the

opportunity to participate in a 'subject market' where they were issued with course overviews and provided the opportunity to ask questions of the teachers who teach these courses and discuss the best options for their chosen career paths. All Year 8 and 10 students have been given an outline of NESA expectations for all students as they undertake this next step in their educational journey.

#### **Road Safety**

Parents it is becoming a **major concern** that many students are displaying risky behaviour while crossing The Horsley Drive and Nelson Street before and after school. Please remind your children to cross the road in a safe manner using the pedestrian crossing or overhead bridge. Please also note students who ride a bike or scooter to school **MUST** wear a helmet at all times. It is important that parents and the school work together to keep everyone safe.

Finally, my thoughts turn to Year 12. Term 3 is your last term of school, and it will be a busy term of completing major works, assessment tasks, examinations and future pathway choices. Therefore, it is extremely important that you maintain attendance and a strong commitment to your learning to the very end. Year 12 need to continue to develop quality study notes and prepare for your HSC Trial Examinations which commence week three Term 3.

Continue to stay safe and healthy



Year 11 Conference









Ms Clarke Deputy Principal Years 8 and 11

#### **Teaching & Learning Faculty**

It has been a huge year for teachers at Fairfield High School. They have been reviewing and improving teaching and learning programs and assessment tasks. Programs in the junior school focus on literacy and numeracy and are designed to challenge all students at their ability level.

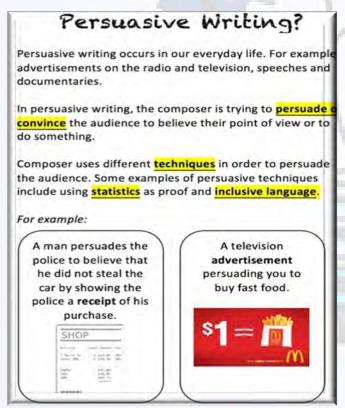
Teachers are continuing to produce high quality reports for students. Parents and students should focus on the feedback given in the comment section of the reports so that students can further progress in their learning.

A new initiative mandated by the Department of Education is the High Potential and Gifted Education Policy. Fairfield High School is progressing well in the implementation of this policy with professional learning provided to teachers to identify the students with high potential in all classes and teaching and learning strategies to cater for their learning in the classroom.

#### **Head Teacher Teaching & Learning**

Literacy and Numeracy skills are important for everyone in the community and we have made these areas a priority for our students. Staff in all subjects are programming and delivering lessons that build upon these skills, within the guidelines of each particular subject.

Year 7 students attend specialist Literacy and Numeracy lessons each week. Currently in literacy lessons Year 7 are learning the nuances of language in order to compose persuasive responses – please see the visuals below taken from Literacy Lessons.



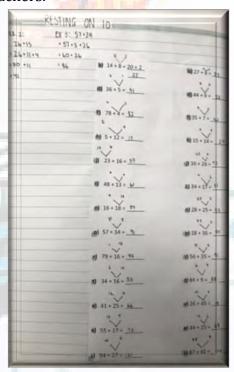
Persuade me.



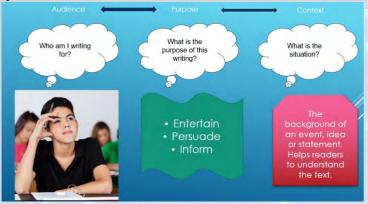
In Numeracy lessons students have been exploring various addition and multiplication strategies in order to increase their skills and understanding of working with numbers.

Year 8 students, along with

Year 7, are also reflecting upon their results in the Progressive Achievement Tests in Reading, Writing and Numeracy, completed earlier this year. Staff and students are examining areas of need for each class and each student. Planning specific teaching structures that address these needs continues to be a strong focus for all teachers.



**Year 9 students** completed NAPLAN online tests in May and the data from these tests will be examined as we continue the process of building specific resources to assist our students to acquire and perfect new skills.



Year 10 students have completed the online HSC Higher Literacy and Numeracy Standards tests. Students firstly completed the practice tests and after receiving feedback, they tackled the real tests. This process will continue into Years 11 and 12 for those students who require multiple opportunities to experience success and additional support in one of more areas of Reading, Writing and Numeracy. Parents can view the information video from NESA: https://www.educationstandards.nsw.edu.au/wps/ portal/nesa/11-12/hsc/hsc-minimum-standard If you require any further information regarding your child in Years 11 or 12 and how the school is supporting them to achieve these standards, please don't hesitate to contact Mrs Weber, HT Teaching and Learning.

Students do not need to meet the HSC minimum standard to:

- study HSC courses
- sit HSC exams
- · receive HSC assessment and exam results
- receive an ATAR
- receive a Record of School Achievement.

Only students who meet the HSC minimum standard will receive an HSC credential.

### Parent Teacher Evening & Year 11 & 12 Teacher Student Conferencing Afternoons

Parent Teacher Evening is scheduled for Tuesday June 22, 3.30-6.30pm in the auditorium. All parents are welcome to meet with their child's teachers. Years 7-10 will receive their academic reports at this meeting. Years 11 & 12 have been invited to attend Senior Teacher Student Conferencing afternoons prior to this, however, their parents are welcome to also meet with teachers at this event.



Mrs Weber HT Teaching & Learning

#### **EAL/D Faculty**



#### Leap Up Macquarie

This semester 14 Year 9 and 10 students were given the opportunity to engage in Leap Up Macquarie, a mentoring program run in coordination with Macquarie University's widening participation unit. Students from



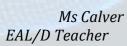
Macquarie University mentored Fairfield High School Students from a refugee background over the course of weeks. eleven Together thev worked goal on setting. building

confidence and sense of self efficacy, building on knowledge of the Australian Education system and



exploring the various pathways that exist University, TAFE, or other forms employment. 0ur students also participated in a virtual University Experience where they went on virtual campus undertook tour, science experiments, and listened to a

mock criminology lecture with Dr Alex Simpson.





#### **CAPA Faculty**

#### Year 10 Visual Arts students

Year 10 are currently creating portraits in 2D media using pencil, watercolour, ink and pen. They started with continuous line drawings and whilst looking at the artworks of Luke Dixon, they began to build up surface planes with colour and line work to define shape and contours. They will be moving into three-dimensional ceramic portraits for their next artmaking task.



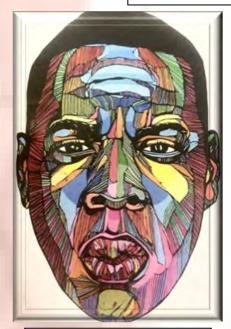
Salisti Yousif, work in progress







Minh Le Nguyen is an exceptionally talented student who has demonstrated her process in creating a self-portrait.



Our artist of inspiration, Luke Dixon, portrait of Jay Z



Thanh Bahn



Neo Aperocho, work in progress



Ms Midroni

Creative & Performing Arts Teacher

#### **Science Faculty**

#### I scream, you scream, we all scream for ice cream and exercise!

In Science, for the past two weeks, we have been involved in STEM activities. In the first activity we became sports scientists, testing our performance in one aspect of physical fitness. This was to test our fitness levels by evaluating our balance, agility, endurance, flexibility, coordination, power, strength and speed depending on the chosen sport. We learned the science behind sport and how they relate to each other. Science, health, and physical activity blend well and these experiences activated the brain and body to learn STEM concepts. It was a fun way to learn science because it was related to our everyday life.



In the second activity we all made ice cream starting off with the basic ingredients like milk, sugar and vanilla extract. We made the ice cream without a fridge or any kind of machine. In this activity we changed matter from liquid to solid by changing the temperature. We discovered that energy causes the matter to change state. We also practised following directions and measuring with accuracy. The ice cream may have made our hands red and numb but we all still scream for ice cream and we also very much enjoyed the S.T.E.M activities and are looking forward to more activities.

By: Peri Smayil, Jayson Pham, Ivy Huynh, 7 B



#### The Bird is the word

On 27/04/2021, science classes 7B, 8P and 9S2 had an opportunity to join Mark Fuller from Avianation and Xuela sledge from Greater Sydney Landcare for a guided bird walk around Fairfield High School to help students identify and learn about the local birds. The activity was conducted during science lessons. It started with a 20 minute presentation called 'From Little Lorikeets to Powerful Owls'. Then the students took a walk around the school grounds and identified the various birds seen in the school. They also learned about the biodiversity and habitat within the school grounds and what can be done to improve our waterways so local birds can continue to thrive. Each participant received a free bird identification chart, which some students used to look for more birds even after the end of the lesson. It was a very pleasant, engaging and informative activity as is evident from some of the comments made by the student participants:



"It was good to see Lorikeets in a flowering Eucalypt and preparing a tree hollow".

"I saw the nest of an Australian Magpie, which had beads, string & wire".

"The walk provided a connection between people and their natural environment".

"It was a great opportunity to engage with nature".

"Great to see so many beautiful birds in our school".

"I will tell my family and friends about birds and take them for a bird watching walk".



Ms Singh Science Teachers



#### **TAS Faculty**

#### **Food Technology**

Term 1 has seen a lot of progress in the agriculture plots at Fairfield High School. Years 7 and 8 Technology Mandatory students have been busy preparing and weeding the garden beds for planting. Our garden beds provide hands on learning opportunities for students to learn about the sustainable production of food and the importance of healthy eating to sustain growing adolescent bodies. Students selected and planted a variety of quick growing crops including cos lettuce, English spinach, tomatoes and an assortment of herbs. Year 8 then used these ingredients in their burgerlicious cooking assessment task. Well done Year 8.

The following photos are of students preparing agriculture beds and the end results of their hard work, which were used in their food technology cooking assignment.











Ms Reck TAS Teacher





#### **PDHPE Faculty**

#### **Cross Country report 2021**

On Thursday 18<sup>th</sup> March, we held our annual School Cross Country. We had perfect weather for the students to run around the school grounds.

The PDHPE faculty want to thank all the students for their participation and positive behaviour during the event.

All students were timed for the course. These times were used to calculate the top ten fastest times for each age group. There were some outstanding results, however, the fastest times on the day belonged to:

Sharbel Namo who ran the course in 8mins 45 secs (Fastest Overall Male)

Matilda Haso who ran the course in 11mins 28 secs (Fastest Overall Female)

Students who finished in the top 10 places for their age group qualified to compete in the Zone Carnival. The Zone Carnival was held at Fairfield Showground in Term 2 on Friday 21st May.

The course is a tougher, hillier course to the one we run at school, but our students all did very well in their races. We were proud of the perseverance each student showed and how well they represented Fairfield High School at this event.

A special mention and congratulations go to our Fairfield High School cross country age champions:

#### Female Age Champions

12 years: Armanda Sucic

13 years: Marye Makdesy Elias 14 years: Joyanne Manihera

15 years: Brenda Ngo 16 years: Matilda Haso

17 years: Say K' Pru Say Paw K' Pru Paw

18 years: Paw Moo

#### Male Age Champions

12 years: Eystin Manihera

13 years: Ramazani Wakilongo

14 years: Matthew Samoael 15 years: Paul Marqous

16 years: Sharbel Namo

17 years: Cherbl Morkes

18 years: Nenos Kheo

#### Multi Class Age Champions

Mariam Itani and Justin Chun











Ms Rosewell - Sports Organiser PDHPE Teacher

#### **Opens Boys Soccer**

During the start of 2021, the Fairfield High School Open Boys Soccer team had competed against other schools in the Sydney South West Opens Knockout Competition.

The team achieved huge results and progressed far into the competition. They made many amazing football memories together as a team.

The first official game was away against Bossley Park at Allambie Park on May 14<sup>th</sup>. In the past, Bossley Park has always been a hard opponent who caused a lot of trouble through their dominant footballing style and ruthlessness in front of the goal. Fairfield concentrated only on the strengths they had, and they eventually won the game in an inclusive and entertaining style. It was a 5-3 win for Fairfield.

On June 1<sup>st</sup>, Fairfield was playing their Quarter Final clash against Fairvale High School at Jensen Park. Fairfield kept possession and dominated early in the game. Ismail R. opened the scoring for Fairfield after beating numerous defenders and placed the ball into the top corner of the goal. It was a 1-0 win for Fairfield.

Early into the second half, Fairfield had a player sent off, giving Fairvale the advantage of an extra player on the field. Fairfield accepted the fact it had happened, and they never let the red card dismantle their hopes of progressing further to the Semi Final. Fairvale equalised with a nice, low shot too quick for our goalkeeper – Admon. O. With all the momentum in favour of Fairvale, we continued to play. Close to the end of the game, Vinh N. powered into the box and lashed it past Fairvale's goalkeeper into the Fairvale net. With a man less, we were leading 2-1. For the rest of the game, we continued to play with possession and united together to defend as a team. We won the Quarter Final 2-1.

Two hours after our Quarter Final victory, we used the spare time in-between games to recover for the Semi Final. We were playing against East Hills Boys High School. They won their respective Quarter Final comfortably. We played great football against a very talented team. However, East Hills were too clinical with every shot flying into Fairfield's goal from not only within the box, but from distance as well.

In the blink of an eye, we were losing 7-0. Even though the scoreboard did not favour Fairfield, we still tried to score as many goals as possible. In the second half, Fairfield panicked East Hills with two quick goals including a Semir S. penalty, but it was all too late. We lost the Semi Final 7-2.

Despite bowing out in disappointing circumstances, we achieved an amazing campaign. We scored many goals, played an amazing style of football that was enjoyable to watch and progressed into the latter stages of the Knockout competition, which is something that Fairfield has not done for a long time. Our results meant that Fairfield High school was placed within the top 32 teams in the state. STATE!

As the coach of the Fairfield High School Open Boys Soccer team, I am proud of the way we played, what we achieved and how far we have already progressed in a short space of time together.

Congratulations and thank you to all the players involved for all your hard work.

### **2021** Fairfield Open Boys Soccer Knockout Competition Squad

Admon Odisho (GK) Ali Mourshidi Sharbel Namo Mambo Wakilongo Adnan Music (C) Isad Halilovic Semir Spijodic Ismail Radjabu Alejandro Palacio Marvan Botani Ali Al-Khalidi Sam Alzuhairi Vinh Nguyen Sam Alzuhairi Hameed Hameed Jermiah Dawo Jeromie Dawo Orahm Sarkis (GK) Sherbel Younan Seth Reid





Mr Shearer PDHPE Teacher

#### **Rugby League Buckley Shield 2021**

In Term 2, Fairfield High School entered a team into the Buckley Shield, a State-wide knockout rugby league competition. Our matches were played at Steven Folkes Reserve, Bass Hill, and we competed against other schools in the Sydney South West Region. The tournament involved the Fairfield Boys playing matches against Cabramatta, Fairvale and Ashcroft.

We were not successful in winning our matches, and that was not the expectation of the players or the coach. What did make the day a success was the participation of the boys. They committed to being in the team, trained at lunchtimes, brought in their permission notes and payment, and were at school at 8am to catch the bus to the venue. After enjoying an early morning meal at the school's Breakfast Club, we were on our way before 8.30am with nineteen footballers from Years 7 and 8.

Once at the venue, the boys looked resplendent in their playing kit of Fairfield's maroon and sky blue. After a warm-up we took on the three schools in our pool of schools with the winner progressing to the next round of competition. While the results weren't victories, the camaraderie the team developed was evident throughout the day, which was observed by Mr Borg and Mr Erickson who both attended matches to support the team.

This was the first time in four years that Fairfield has entered a team in the Buckley Shield and we will be better equipped for next year's tournament. Thank you to the School Executive and the PE Faculty for their support in helping get the team on the park. Most of all thank you to the players who participated in the day, showing the Fairfield spirit on and off the playing field.



Mr Eastwood Teacher



#### **Volleyball**



What a year in volleyball we have had at Fairfield High School in 2021. Ms Kezic and myself had the pleasure of coaching both the boys' and girls' teams to represent FHS in the Sydney South West Steve Birt Memorial Shield Knockout competition.

The hard work and dedication that the students had displayed during training sessions was displayed on court and in every match. We versed some tough schools throughout our draws and were fortunate to come out with the win. This only increased the competitive drive in our players on and off the court.

The boys draw had 24 teams which consisted of some quality school teams. We were lucky in all our games that we won 3 sets to 0, which improved the confidence of the boys in the next game and beyond. They versed Prairiewood HS and Sir Joseph Banks with convincing wins. As we progressed to the quarter finals, the boys had a tough game to face against Canley Vale HS. The boys played well but the defence of CVHS was too strong for our boys.

The girls draw had 41 teams, some of whom were in the top of the state in previous years of competition. The girls displayed a high level of teamwork and school pride in their games, with most winning 3 sets to 0. They versed Bossley Park HS and Chester Hill HS before making it into the semi-finals for South West Sydney. The first match of the semis was a tough game against Miller Technology HS who were just too strong for our girls.

Ms Bentley HT Admin Science Teacher





Ms Kezic PDHPE Teacher

The boys finished 8<sup>th</sup> overall out of 24 teams which is a huge result with a fresh team for this year. A big congratulations goes to the girls' team who finished 4<sup>th</sup> overall out of 41 teams. This is the furthest a FHS girls' team has made it in a very long time.

To continue in developing the skills and team dynamics, both teams have still been training and working towards more games this year with various competitions that become available.





#### **LOTE Languages Faculty**

#### **Languages Day 2021**

Term 2 saw all of Year 8 participate in the inaugural Languages Day where Fairfield High School showcased cultural aspects of the languages spoken as part of the Stage 4 curriculum. They rotated through various activities in mixed class groups, allowing them to experience language in an environment outside the regular classroom.

#### **GERMAN - Fußball!**

A World Cup tournament was held at Ultimate Soccer. Each group of students were divided into countries to represent. These included Germany, France, Spain and Argentina. They participated in a round robin format with semi-finals and finals. The winners and runners-up were presented with trophies and medals. The best and fairest girl and boy were also awarded prizes. This activity suited many of our *Fußball-verrückt* players and the participation was very high amongst all the other students.

The World Cup games were facilitated by two local community groups: Community First Step and Fast 5 Football. Community First Step are involved in many other local services, including the Fairfield Youth Centre. The volunteers from these organisations provided amazing enthusiasm and energy, certainly helping the day flow smoothly and we thank them very much for their time.

A huge thank you must go to the staff who assisted during the day as they gave up their time to ensure the Languages Day was such a success: Mrs Molina, Ms Fisk, Mr Haythornthwaite, Ms Ghaly and Ms Stibbard. It was so well received by the students that we hope to make this an annual event.









#### FRENCH - Voici, Henri Matisse!

Students learned a bit about French artist, Henri Matisse, who belonged to a group of artists: *Les Fauves* (the wild ones) which developed into a movement, Fauvism, due to the strong colours and bold shapes they used. This marked a significant and influential change after Impressionism.

Students attempted to recreate Matisse's works by making an 'Under the Sea' collage. The task involved covering shapes with crepe paper, painting a blue background and pasting shapes onto it, all whilst listening to cool French music in the background.

Thanks to the students from the Year 9 Spanish class for assisting, making sure everyone had materials, knew what to do, and cleaned up.

#### SPANISH - İLos ricos tacos!

Students were given a demonstration to learn what to do with their lechuga (Lettuce), cebolla (onion) tomate (tomato), queso (cheese) and carne (meat). Students went to their own cooking bays to put it all into practise. It was amazing to see the enthusiasm of the students cooking super simple and delicious Mexican food. They enjoyed the outdoors on what can only be described as a spring day in winter. Thanks to the Year 12 Food tech class, whose assistance and patience with the students was invaluable!

calming. As soon as we entered the room we were greeted by Ms and her helping hands. After an explanation about 'Matisse' and 'Fauvism' (his style of art) we got into the activity using coloured paper, glue and paint to create 'under the sea' works of art that were stunning (If I do say so myself!).

After that, we moved to H Block where we cooked tasty and flavoursome tacos. The tacos were made of juicy tomatoes, crunchy lettuce, savoury beef and a flat white tortillas. The tacos were very filling and yummy!

Lastly, for the most exciting event of the day, 'World Cup'! We had Germany, Spain, France England, Nigeria and more countries battling it out in a round robin competition. The games were thrilling and had us all sweaty and hot. At the end, we all gathered and the winners got medals and bags of goodies.

The Languages Day was a success and should happen often. It's a day where you can relax, kick back and play with your friends. LANGUAGES DAY IS THE BEST!!!!!!





#### LANGUAGE DAY: A STUDENTS' PERSPECTIVE

On Wednesday, we took part in a 'Languages Day'. It was very enjoyable and filled with lots of fun. My group started the day in the hall doing Drama, where we learnt to count and say certain phrases in French. We ended the session by playing an action packed, excitement filled and thrilling 'Zombie' game that had us all laughing uncontrollably by the end.

Next, we moved onto art, and saying it was fun would be an understatement. Ms Riveros did an amazing job making the lesson exciting and



Ms B<mark>entley</mark> HT LOTE.



Ms Riveros Teacher LOTE



Mr Eastwood Teacher LOTE

#### **SEU Faculty**

#### Fairfield High School Clean Up Day

This year, our Special Education Unit participated in a Clean-up Schools Day. Students learned about the harmful effects that waste has on our environment and the three R's, REDUCE, REUSE and RECYCLE. They undertook fieldwork and collected waste from around the school. Students also kept a record of collected waste and learned to categorise these as recyclable and non-recyclables.

They understood that by taking action to reduce, reuse and recycle everyday items, we can create less waste and help protect our environment. To recognize our students' role in the clean-up, SEU staff organised a sausage sizzle lunch. Students found the activity educational and have expressed their interest in participating in next year's Clean-up Day. Thank you to all students and staff for their contribution.

















### SEU Come and Try Athletics Day, hosted by Inclusive School Sport

On Tuesday 27<sup>th</sup> April 2021, the SEU students went to Campbelltown Athletics Centre to participate in a range of activities including 100m, 200m, Shot Put, Javelin, Long Jump, Discus and Javelin. The students represented Fairfield High School and many of them received

**FIRST** place in the races! The teachers and students had a fantastic day filled with lots of laughter and great memories!



















Ms Ha SEU Teacher

#### **ILSP Faculty**

#### **COVID Intensive Learning Support Program**

Fairfield High School is making the most of the state government's \$337 million COVID Intensive Learning Support Program (COVID ILSP).

The COVID ILSP has been designed to bridge the gap in learning that students may have experienced, as a result of remote learning brought on by COVID in 2020. As a result, a dedicated team of teachers have been working tirelessly on delivering intensive Literacy and Numeracy material, as well as and content from other subject areas on a 'point of need' basis.

Mr Rowles and Ms Li have been conducting small and targeted tutorials with our Year 7 and 8 students, 3 times a week over a 10 week cycle. Some of the literacy elements that have been identified as areas of need include comprehension and composition of various texts, vocabulary, punctuation, grammar and typing. These are being explicitly taught by Mr Rowles during ILSP tutorials. Ms Li, as a dedicated Numeracy teacher, has been working on multiplicative strategies, order of operations, fractions, geometry and algebra with her Year 7 and 8 students.

Mr Zhang and Ms Stefanopoulos are COVID ILSP's Year 9 Numeracy and Literacy teachers respectively. Similar to Year 7 and 8, intensive literacy and numeracy support has been given through tutorials. Ms Stefanopoulos has made considerable progress, particularly with persuasive text writing, vocabulary, tense and reading, whilst Mr Zhang is diligently delivering lessons that focus on multiplication, additive and subtractive strategies, percentages, estimation and measurement.

Under the leadership of the Head Teacher Teaching and Learning, Ms Wilkinson and Ms Chyra have been supporting Year 10, 11 and 12 students who are striving to achieve their Minimum Standards in Reading, Writing and Numeracy. Students who, at the start of 2021, had not yet achieved any one of these three standards were targeted for ILSP tutorials and have been intensively working on developing the skills and knowledge deemed necessary to gain their Higher School Certificate. This is in addition to other opportunities offered at Fairfield High School such as Minimum Standard Workshops with Ms Weber.

As part of the IEC's contingency plan, Ms Hozeiran has further supported the ILSP, conducting Numeracy tutorials for our senior students.

Current evaluation of the COVID Intensive Support Program has seen the students solid progress in literacy and numeracy. Year 10, 11 and 12 students involved in COVID ILSP continue to see an improvement in their reading, writing and numeracy, with some students achieving all three standards.

The program is evaluated continuously to ensure that more students who require support are targeted and are explicitly taught. It is predicted that the program will continue to be as successful throughout the year, bridging the gap brought on by COVID in 2020, just as



ILSP & Homework

Centre Coordinator

#### **Wellbeing Faculty**

On Monday, May 3<sup>rd</sup>, we had the pleasure of taking students from year 7, 8 and 9 to 'The Tops' in Stanwell Tops. The weather was perfect and the experiences were unforgettable. The day was jam packed with adventure, activities, laughs and a delicious lunch to top it all off.

Students started the day off by trying their hand in archery. For some students this was a new and exciting experience, providing them with the opportunity to try something a little bit different. Little did we know, we have some archers in our midst



After a quick lunch break, we ended the day by taking a leap of faith... swinging over a vast canyon, with a view beyond compare. Students pushed their fear to the limits in the giant swing activity. Collaboration was key in this activity, with all group members working together to hoist their peer up into the air. Safely strapped into a harness, students would then swing from a height, taking in the coastal views. Ms Clarke and Ms Saliba even had a go!









Overall, a great day was had by all. Students were presented with the opportunity to try out new and exciting experiences, pushing them outside their comfort zone. Students worked through activities that required them to exercise their collaboration skills, seeing each student step up and support their peers.

A massive thank you to Mr Borg for allowing this great event to go ahead. To Ms Clarke, Ms Picone for your endless hard work, guidance and support in the organisation of the event. To Mr Harris and Mr Le for coming along and joining in on the fun!







Ms Saliba Yr 8 Advisor PDHPE Teacher



Ms Stib<mark>b</mark>ard Yr 8 Advisor LaST Teacher

#### **Enrichment Faculty**

There has been a full schedule of programs and practices occurring in the Enrichment space at Fairfield High School so far in 2021!

A huge focus has been on the new High Potential and Gifted Education (HPGE) Policy. This policy has been rolled out by the Department of Education and as of 2021, schools have been working on implementing this policy. At Fairfield high School, an Enrichment Team has been formed with a staff member from each faculty in the school. The team works together and meets regularly to discuss how to improve the learning experience at school for high potential and gifted students. Further to this, staff have been starting to use adjustment strategies to cater for these students in the classroom, using our HPGE resource guide and Google Drive. Our Year 7 parents also got to hear more about the policy when they attended the school for information sessions during Term 1. We are excited for the continual developments we are making with this policy as time progresses.

We have also had many students apply for scholarships and award programs this year. Some of our scholarships include the Harding Miller Education Foundation Scholarship wherein our successful applicant from last year, Yalda Abawai of Year 9, was acknowledged at an awards ceremony on the 31st of May 2021. Further to this, many students have been nominated for the 2021 Fairfield City Council's Mayor's Achievement Awards. Whilst not all students could Youth Awards and we are excitedly waiting on feedback attend the event, they were still recognised and our from these awards. Ms. Lightfoot emails scholarship opportunities to students, so ensure that you check your emails regularly. Applications for the Fairfield High School Educational Scholarships for 2022's Year 9 Elenor Toilalo (Year 12) was recognised for her and 11 students will be released next term!

We were very excited to welcome back our Academic Challenge for 2021 after having to postpone it last year due to Covid-19. The Academic Challenge is a collaboration between Fairfield High School and our local primary schools wherein teams consisting of Year 4 and 5 students compete in a challenge set by high school faculties. Last term, the challenge was online and Koso (IEC), Noor Faseeh (IEC) and Ator Beshmki was highly successful, with our winners being Yennora Public School, We also had incredible students from Fairfield High School act as mentors for this challenge, and they all did a fantastic job, demonstrating fantastic leadership skills and representing the Fairfield High School community in a highly positive manner. We are looking forward to being back to the face to face challenge this term, with our Science and PDHPE faculties leading the challenge!

Finally, we are still running our Senior Mentoring Program, and encourage all Year 11 and 12 students to get involved! If students are interested in the program, they can come and see Ms. Lightfoot in the wellbeing staffroom to see the list of excellent teachers willing to be mentors! The mentoring program teaches students how to time manage, use study skills and prepare themselves for academic success. Mentor teachers support their mentor students through the HSC process, and it is a valuable program for our seniors to be a part of.

#### Fairfield Council Mayor's Youth Achievement Awards



Fairfield High School and Fairfield IEC students were amongst a large group of talented young people to be honoured at the Fairfield Council Mayor's Youth school even had two category winners, which is a huge achievement!

nomination in the Phoenix Award category.

Ashour Kabrial (Year 11) and Soane Fatai (Year 12) were recognised for their nomination in the Leadership Award category with Soane Fatai winning the award.

Renet Odeesho (Year 11), Liana Sana (Year 11), Marta (Year 8) were all nominated in the New Beginnings category with **Renet Odeesho winning the award.** 

This is a huge achievement by all of our students!

Special thanks must go to Ms. Hogan for always keeping her eye out for these opportunities for our students! Also, thank you to Ms. Hogan, Ms. Siddiqi and Ms. Nona for attending the event last night to support our students. Thank you to Ms. Samonte for submitting the IEC student nominations. And thank you to all teachers who suggested students for nomination!









Ms Lightf<mark>oot</mark> HT Tea<mark>c</mark>her Enri<mark>c</mark>hment

Fast Forward Program - Year 12 Conference 2021



<u>Students from Fairfield High School attend the virtual Fast Forward Year 12 Conference</u>

On Friday, 26 February 2021, the Fast Forward team from Western Sydney University hosted the first virtual Fast Forward Conference for Year 12 participants of the Fast Forward Program.

The conference, which attracted 1000 students from more than 80 Western Sydney High Schools, is a culmination of the four-year Fast Forward Program run by the University's Widening Participation team. The program aims to encourage students to see the value in continuing their education through to Year 12 and beyond.

Students from Fairfield High School were able to select three workshop sessions during the day from a selection of thirty different presentations, which were delivered by academic and professional members of staff as well as industry partners.



All Fast Forward Program guest speakers inspired students, staff and teachers alike

As part of the program, students were also invited to attend Western Sydney University events and opportunities, including mid-year information sessions, HSC Study Days and an Open Day later in the year.

We hope that our Year 12 students will remember what they learned at the conference. We also hope that it has helped them to discover What's After Year 12 for them!



Mr Markoski EAL/D Teacher

#### **Homework Centre 2021**

Fairfield High School's Homework Centre has seen an outstanding number of student attendance this year! This valuable program offers students the opportunity to complete homework, classwork, assessments and assignments, as well as participation in subject specific tutorials with our dedicated team of teachers.

The Homework Centre caters to all students on a point of need basis. This year, many senior students have maximised their usage of the program to access intensive support, catch up on missed concepts due to remote learning last year and study for upcoming exams. Our junior students are developing a regular routine of study and are learning new study skills in addition to intensive learning support.

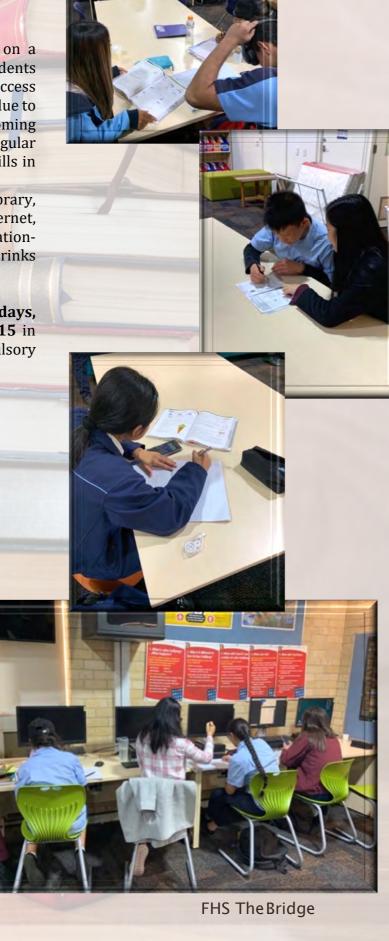
The program, which is held in the school library, offers students access to computers, internet, printers, headphones, textbooks and other education-friendly resources. They are also provided with drinks and snacks.

The Homework Centre runs on **Tuesdays**, **Wednesdays and Thursdays from 3:15 – 4:15** in the school library. Permission notes are compulsory and can be collected from the front office.





Ms Marinkovic
Science Teacher
ILSP & Homework
Centre Coordinator



#### **Community**



Term 2 was a great opportunity to resume the community programs we had to pause due to COVID restrictions. We were thrilled to be able to invite parents to school for a variety of functions.

Our Community Team took this opportunity to enhance home-school communication at Fairfield High School by hosting our first meeting - *Coffee with FHS.* Our goal is to have our school community and staff come together to strengthen our communication and to provide a clear understanding of expectations and support we have for students.



The meetings gave parents a chance to become aware of activities and planning within the school and foster a close co-operation between the school staff and other parents.



#### **Breakfast Club**

#### Located in E Block

Open Monday – Friday 8.15am – 8.45am



Social Distancing rules apply!

The Breakfast club plays a very important part in the start of our students' day.

#### Why is eating breakfast important?

Children who have eaten breakfast can concentrate better and have a longer attention span, helping them to learn and study better. They can also perform better physically after eating breakfast as there is more energy available to their muscles.

#### Does breakfast help with studying?

Research shows that pupils and students who eat breakfast perform better in exams. For the best breakfast, include slow-release carbohydrates, such as whole rolled porridge oats, whole grain bread or low-sugar muesli, as they provide slow-release energy.

Our students are important to us, so we supply them with a healthy breakfast on a daily basis.

#### The Push-Up Challenge

Throughout June, staff and students of Fairfield High School have been participating in the Push Up Challenge, aiming to complete 3,318 push ups by the end of June. The Push up Challenge is a unique way to engage people in education and raise awareness around Mental Health. Participating in the challenge has enabled our school community to connect with one another, learn about the importance of both good mental and physical health, bring awareness around supporting and checking in with one another and most of all, a great opportunity to just have fun! Thank you to everyone at FHS who has participated!













# FHS Uniform shop



MANUFACTURING CO.

#### Fairfield High School UNIFORM SHOP Price List

ITEM	PRICE
Girls	
Junior Girls Blouse	38.00
Senior Girls Blouse	38.00
Junior Girls Long Sleeve Blouse	38.00
Senior Girls Long Sleeve Blouse	38.00
Girls Shorts	40.00
Junior Tartan Skirt	50.00
Senior Navy Skirt	40.00
Girls Pants	45.00
Boys	
Junior Boys Shirt	38.00
Senior Boys Shirt	38.00
Boys Shorts	38.00
Boys Trousers	48.00
Unisex	5 7 7 7
Junior Jacket	70.00
Senior Jacket	70.00
Jumpers	
Junior Woolen Jumper	72.00
Senior Woolen Jumper	72.00
Sports	
Sports Shorts	32.00
Trackpants	45.00
Sports Polo	38.00
Long Sleeve Sports Polo	38.00
Others	
Cap	10.00
School Tie	20.00
Eco Bag	01.00

#### WE ACCEPT MASTERCARD, VISA, AND EFTPOS NO CHEQUE PAYMENTS

<sup>\*</sup> Prices are subject to change without notice





# hool Ganteen

#### CANTEEN MENU

#### BREAKFAST

BACON ROLL	\$4.00
EGG ROLL	\$4.00
BACON & EGG ROLL OR WRAP	\$4.50
BREAKFAST MEAL DEAL	\$6.50

TOASTED BANANA BREAD \$6.00 & A SMALL FLAVOURED MILK

#### TOASTED SANDWICH

CHEESE	\$3.50
HAM & CHEESE	\$4.00
HAM, CHEESE & TOMATO	\$4.50



#### COLD FOOD

FRESH FRUIT SALAD	\$4.50
YOGHURT & BERRIES	\$4.50
YOGHURT & MUESLI	\$4.50
FRUIT PRUIT AVAILABLE DABA	\$1.00

#### SANDWICH BAR

CHICKEN LITTLY I & MAYONNAE	\$4.50
CHEESE & TOM	ATO \$4.00
SMOKED HAM HAM, CHEESE & TOMAT	\$4.50
CHICKEN SCHN	ITZEL \$4.50
SALAD INTERCEL TOSCOTT CO	
EGG	\$4.00
FALAFEL LICTURE, TOSLATOR DU HOMMUS.	\$4.50
TUNA TUNA MAYO, CUCUSON SPANISH ONLOS	\$4.50
VEGETARIAN GRILLED RECIPIANT, LI SUNDICID TEMATOR I	
BREADS	AUGUSTA ANN
WRAP OR BOIL	EXTRA \$1.00

#### OUR FOOD IS FRESHLY MADE ON THE PREMISES

PASTA ARMOR FECS	i Dack
LASAGNA HOME MADE BREE HOME MADE VEGE LARIAN	\$6.00
PENNE VEGETARIAN CHAR GRILLED VEGETABLEN & SALSA	\$6.00
PENNE BOSCAIOLA	\$6.00
SPAGHETTI BOLOGNESE	\$6.00

X total canteen solutions WETCHILL TENDRIC MAY

PIZZA	
MARGARITA GRIDNES TOMARO	\$5.00
VEGETARIAN OLIVEN EGGPLANT = ROANT CAPSICLAI	\$5.50
HAWAIIAN	\$5.50
BBQ CHICKEN WITH ONION &	\$5.50
	-

#### TURKISH HOT BREAD

CHICKEN SCHNITZEL DELIGHT COMPREN SCHNITZEL, PISTO, BOAST CAUSECLASS CHIPSE	\$5.50
CHICKEN DELIGHT	\$5.50

SUSPICIO TOMATORA CHECK MEDITERRANEAN
DELIGHT
OUTUS, ARTICHORES, BOAST \$5.50

VEGETARIAN DELIGHT EUGPIANT, SUNDRIED TOMOTORS BOANT CAPSICUM & CHUISE.	\$5.50
*****	

HAM DELIGHT
SMEKETHAM SUNDRIGH PEMATOES \$5.50 CAESAR DELIGHT \$6.00

#### TURKISH COLD

SCHNITZEL TABOULI HUSBAU'S UHUKEN SCHNITZEL & TABULLI	\$6.00
SWEET CHILLI SWEET CHILLITENDERS MAYO	\$6.00

PLEASE BE ADVISED WE APPLY A SURCHARGE TO EFTPOS CARD TRANSACTIONS

#### TURKISH HOT BREAD

CHICKEN SCHNITZEL	\$6.00
DELIGHT CHICKENSCHNITZEL PESTO, ROAST CAPSICUSI W CHICKE	

CHICKEN DELIGHT	\$6.00
BOAST CHICKEN, PESTO.	
SUNDBURED TERMATEURS & CHICKSE	

#### MEDITERRANEAN \$6.00 DELIGHT

VEGETARIAN DELIGHT

HAM DELIGHT \$6,00

CAESAR DELIGHT \$6.00

#### TURKISH COLD

SCHNITZEL TABOULI \$6.00

SWEET CHILLI



#### HOT DISHES

SPECIAL FRIED RICE	\$5.50
BUTTER CHICKEN WITH RICE	\$6.00
LEAN BEEF PIE	\$4.50
LEAN SAUSAGE ROLL	\$4.00
SPINACH & RICOTTA ROLL	\$4.50
OVEN BAKED WEDGES	CHP \$4.50 TRAY \$5.50

#### CANTEEN MENU

# SALADS

GREEK SALAD

CHICKEN PASTA SALAD

TUNA PASTA SALAD \$5.00 \$6.00

CHICKEN CAESAR \$5.50 \$6.50

TABOULI SALAD \$5.00 \$6.00

THAI NOODLE SALAD \$5.50 \$6.50

EASTERN DELIGHT TABOUL, HOMSIUS, CHOICE, OF SCHNEIZEL, OR FALARE, WITH CRE PITA BRIAD



OUR FOOD IS FRESHLY MADE ON THE PREMISES



\$5.00 \$6.00

PESTO PASTA SALAD \$5.00 \$6.00

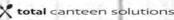
POTATO SALAD \$4.50 \$5.00

\$5.50 \$6.50



BURGERS	
GOURMET BURGER PROSTI BLEE ONION, BBQ NAUGE. BEETROOF, TOMATO & LETTUCE.	\$5.50
CHICKEN CAESAR BURGER GRILLID CHICKEN, CAESAR DRESSING BACON & COS LETTUCE	\$5.50
CHEESE BURGER PRISH BUTTY CHEESE PRESH TOMATO RATGE	\$5.50
PERI PERI PORTUGUESE BURGER	\$5.50
CHICKEN BILLAST: PERI PERI SACCE & LETTY	CASE.
CHICKEN BURGER FRESH CHICKEN BATTY LETTUCE & MAYO	\$5.50

DRINKS WATER LOW SUGARED CANS \$2.80 JUICE 500ML \$4.80 FLAVOURED MILKS 300ML CHOCOLATE, STRAWBERRY \$2.80 500ML CHICCLATE STRAWBERRY ICE BREAK 500ML \$4.80 FLAVOURED MILK SHAKES \$4.80



LEASE BE ADVISED WE APPLY A SURCHARGE TO EFTPOS CARD TRANSACTIONS

Fairfield High School is excited to announce our new parent messaging application School Stream, available for android and IOS. Please follow the guide below to install School Steam on your device and start receiving notifications

#### android





- 1) Open "Play Store"
- 2) Search "SchoolStream"
- 3) Download app
- 1) Open "App Store"
- 2) Search "SchoolStream"
- Download app





- 4) Open the school stream app
- 5) Search "Fairfield High School"
- 6) Tap "Login"
- 7) Click "I accept"
- 8) Select "phone" and enter your number
- 9) click "Get Code" and enter it

#### # Change Default Language

Go to Settings -> Language Translation -> select your preferred language

Select only required grades so you are not receiving unnecessary notifications by tapping "Year Level" then slide the grade you want to remove to the left and tap "Remove"



إنه لمن دواعي سرور فيرفيلد هاي سكول، الإعلان عن التطبيق الجديد لمر اسلة الأهالي سكول ستريع، والمتواجد في أندرويد و أي أو أس. نرجو التَّقَيد بالدليل أدنَّاه لكي تستطيعوا تنزيل سكول ستريم على أجهز تكم

#### android 🚈







- 4) قع "Play Store"
- "SchoolStream" ابحث عن (5
- 6) حمل التطبيق Download app
- 4) شع "App Store" "SchoolStream" ابحث عن (5
- Download app حمل التطبيق (6
- the school stream app افتح تطبيق (4
- "Fairfield High School" أيحث عن (5
- "Login" اضغط على (6
- "l accept" أنقر على (7
- and enter your number و الدخل رقبك "phone" اِختر (8
- and enter it ثم أضغط على أنتر "Get Code" أنفر على (9

#### # Change Default Language احتيار لغثك المفصلة

ثم إضغط على لغنك المفضلة <- Settings -> Language Translation إختر

#### # Notifications

خَتَر فَقَطَ السَّنوات التعليمية التي تريدها حتى لا تصلك إشعارات غير ضرورية . و ذلك بالضغط على تُم دع السنوات التي لا تريدها تترلق من خلال جرها إلى ناحية الشمال ، "Year Level" ثم إضغط على كلمة "Remove"

Fairfield High School rất sối nổi được loạn báo cho phụ huynh một áp dung gửi tin mới của dòng học đường, có thể dùng cho Android và IOS. Xin theo chỉ dẫn dưới đây để gắn ráp hệ thống dòng học đường vào thiết bị của quý vị và bắt đầu nhận được thông bào của trưởng

#### android 🗪









4) Mớ ra "App Store"

5) Search "SchoolStream"

5) Tim kiếm "SchoolStream"

6) Download app

6) Ha Tái app ứng dụng

- 4) Mô ra the school stream app
- 5) Kiếm "Fairfield High School"
- 6) Đặp vào "Login"
- 7) Bấm "I accept"
- 8) Chọn từ "phone" và nhập vào số phone
- 9) Bấm "Get Code" và đẳng nhập vào

#### # Thay Đối ngơn ngữ ngằm định

Đi vào Settings -> Language Translation -> lựa chọn ngôn ngữ ưa thích

#### # Thông Báo

Chỉ cần lựa chọn tầng lớp đời hỏi như vậy thì sẽ không cần nhận được những thống báo không cần thiết. Chí cần đặp vào "Year Level" sau đó trượt qua lớp không muốn chọn ở bên tạy trái và đấp vào từ "Remove"

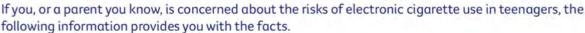






# **E-Cigarettes**





#### **WHAT ARE E-CIGARETTES?**

Also known as cuvies, stigs and vapes an e-cigarette is in simple terms a device that heats a flavoured liquid (popular flavours include; strawberry, watermelon, peach and creme brulee) to an aerosol which can be inhaled. The device can be disposable (often allowing for up to 600 inhalations) or it can be reusable by refilling the device with e-liquid or a pod (containing e-liquid). Recent data shows an increase in use of e-cigarettes over the past three years, with one in five students aged 16–17, trying e-cigarettes.

#### **HOW DO THEY WORK?**

E-cigarettes produce an aerosol by using a battery to heat a liquid. This liquid is sometimes called "e-juice," "e-liquid," "vape juice," or "vape liquid." The liquid used in e-cigarettes is made up of flavours, chemicals and often contains nicotine.

Users inhale e-cigarette aerosol into their lungs. Bystanders can also breathe in this aerosol when the user exhales it into the air.

#### WHAT DO THEY LOOK LIKE?

E-cigarettes come in a variety of shapes and sizes. They can be as small as a USB and even look like one, they can also look like pens, highlighters or cigarettes.



#### WHY ARE THEY UNSAFE/RISKY/DANGEROUS?

E-cigarette liquid is made up of different chemicals. These chemicals can include:

- · Nicotine (although illegal without a prescription in Australia, many disposable devices that youth are using contain nicotine.)
- Flavorings such as diacetyl, a chemical linked to a serious lung disease
- Volatile organic compounds
- Cancer-causing chemicals
- Heavy metals such as nickel, tin, and lead

Studies have also shown that kids who use e-cigarettes are more likely than their peers to go on to smoke cigarettes.

#### Effects of nicotine on youth:

- Nicotine can harm the developing teenage brain. The brain keeps developing until about age 25.
- · Using nicotine as a teenager can harm the parts of the brain that control attention, learning, mood, and impulse control.1
- Each time a new memory is created or a new skill is learned, stronger connections or synapses are built between brain cells. Young people's brains build synapses faster than adult brains. Nicotine changes the way these synapses are formed.
- Using nicotine as a teenager may also increase risk for future addiction to other drugs.<sup>1</sup>

#### WHAT CAN I DO AS A PARENT?

The KEY is talking about e-cigarettes with your child, preparing yourself with the facts and role modelling with a smoke and e-cigarette free environment. KEY considerations for talking about e-cigarettes:

- **K**: Know the facts or where to find them from a reputable source
- **E**: Engage on the topic in a relaxed and easy way. Use the cues around you, a note home from the school, a person using a device, a story on the news as the way into the conversation and the way to keep talking about it ongoing.
- Y: You know your child, communicate with them in ways that work for you and allow you to provide them with the right information to make healthy decisions.

Important note - if you are concerned that your child may be experiencing nicotine withdrawal please speak to your pediatrician or doctor.

For advice on existing evidence based methods to quit call the Quitline on 13 7848 or find online support here: www.cancercouncil.com.au/cancer-prevention/smoking/quitting-smoking/

More information on e-cigarettes can be found here:

www.cancercouncil.com.au/cancer-prevention/smoking/electronic-cigarettes/



# CRITICS' CHOICE

### The health effects of tobacco smoking and e-cigarette use

#### Effect of tobacco smoking on your health:

- · Smoking is the main cause of preventable death and disease in Australia!
- Smoking is linked to 40+ diseases, including lung cancer, liver cancer, emphysema and eye and mouth diseases.
- When you smoke, extremely harmful chemicals enter your body and can reach your heart, brain and go everywhere your blood flows.
- · Smoking affects how you look and feel.

#### Effects of e-cigarette use on your health:

- E-cigarettes contain chemicals that haven't been tested for safety when inhaled into the lungs.
- E-cigarette makers don't list all their ingredients and it can be hard to find out what they are. Some e-cigarettes contain nicotine even when they are labelled "nicotine free".
- · Nicotine is highly addictive and can harm your brain development.
- Studies have shown that young people who use e-cigarettes are more likely to smoke and become addicted to cigarettes in adulthood.

#### Smoking can:

- Stop your lungs growing properly and make you less fit.
- Give you tooth decay and sore or bleeding gums.
- Make you wheeze or trigger an asthma attack.
- Cause addiction to the drug nicotine.

#### Using e-cigarettes can:

- Make you wheeze or trigger an asthma attack.
- · Make you moody, anxious and irritable.
- Expose your lungs, body and brain to harmful chemicals.
- Cause addiction to the drug nicotine.

#### Smoking and e-cigarettes affect your brain:

Your brain is particularly sensitive to the effects of nicotine. Your brain is still developing until you are about 25 years old, so if you use nicotine your brain may not be able to properly develop. This means that you are more likely to develop anxiety and mood disorders.

#### What does all this mean for you?

Smoking or using e-cigarettes:

- is bad for the health of your body, lungs and brain
- · costs a lot of money and can mean you miss out on doing fun activities
- · exposes you to addictive and unknown substances
- · gives you yellow teeth and unhealthy gums.

By choosing not to smoke or use e-cigarettes you are setting yourself up for a healthier and happier life!



### FAIRFIELD HIGH SCHOOL

# Intensive English Centre

Term 2 Week 10

Friday 25th June 2021

#### IEC Deputy Principal's Report

#### Term 2 2021

At the end of Term 2, there will be 31 students exiting from the IEC. I would like to take this opportunity to congratulate the 31 students who successfully completed their education in the IEC and are now transitioning to Fairfield High School, other local high schools, TAFE or to the world of work. These students are undoubtedly leaving the IEC with new knowledge and skills that they can now apply to their new settings.

With Australia's borders still closed the suspension of the Settlement Humanitarian and International Students programs, our enrolments have continued to decline in 2021. As a result, our permanent teachers and Student Learning Support Officers-Bilingual (SLSOs) are preparing to continue their support of IEC students who have transitioned to Fairfield High School and to other local high schools by going into their classrooms and working with them in small groups.

Despite the decline in enrolment numbers, during the first two terms of 2021, the IEC has continued to provide quality education to support the wellbeing of its students through our many educational and wellbeing programs such as Seasons for Growth, Life in My New Country and Be Well Youth Talk. Please see the short reports in this edition of The Bridge

for more information on each of the programs that students benefited from throughout the first half of the year.

The Elaine McGowan Resource Centre. named in memory of the late IEC staff member and former Relieving Head Teacher, Elaine McGowan, who sadly passed away in 2020, will be officially opened in week 10 of this term. Teachers have embraced this learning space to conduct meaningful lessons and develop their students' research and language study. We are optimistic that this space will become the centre of learning at Fairfield IEC once normal operations resume. I would like to thank Stella Bennett, Vanessa Taouk, Lyn Chau, Olga van Eerde and Zena Redondi for all their hard work in ensuring that this space is operating efficiently and well.

We are currently working towards the refurbishment of the IEC garden area to create an outdoor learning space for our students. This is an exciting project that we hope to complete by the end of 2021.



**Upcoming Events** 

Term 3 & 4 2021

Students return Tuesday 13<sup>th</sup> July Remote Learning

Year 12 Exams Trials
TBA

Year 12 Picnic Monday 13<sup>th</sup> September

Year 12 Graduation 15<sup>th</sup> September

Last day of Term 3
Friday 17<sup>th</sup>
September

Students return

Tuesday 5<sup>th</sup>

October

This term, the IEC has developed a very productive working relationship with the NSW Youth Linkers. The Youth Linker Program is a free program linking youth from refugee and migrant backgrounds to various Government and non-Government services such as health, education employment, licensing, legal and social connectedness. Many of our students have benefited from the advice provided by the Linkers.

Congratulations to Moryan Saka on achieving an excellent result in the recent Zone Cross Country competition and proudly representing Fairfield High School.

I encourage you to look at our website at https://fairfield-i.schools.nsw.gov.au/

Finally, I would like to thank the IEC executive team, Ms van Eerde, Ms Nona, Ms Redondi and Ms Bennett for their professionalism, dedication and support throughout the year as well as the senior executive team from Fairfield High School; Mr Borg, Ms Knapman, Ms Clarke, Ms O'Sullivan and Mr Erickson.



Mr Avgoustou Deputy Principal Fairfield IEC

#### **3D Printing**

Students have been using their 3D design skills to make some fantastic models on our brand new 3D printers.



Some students have been making desktop models whilst others have been designing chess sets. If you would like to learn more about making and printing designs, come by K block on Mondays and Fridays at lunch.





IEC Newsletter 2

#### The IEC Student Representative Council 2021

The main aim of the SRC is to give students at Fairfield IEC a voice in the decision-making process of the school.

The SRC members also:

- organise knockout games during lunchtimes in which students and staff participate
- raise money for charity
- raise money for specific student needs/wants
- assist with the running of weekly assemblies
- attend leadership workshops and camps
- assist as volunteers in the school canteen

The SRC meets regularly as a group, so if you have any matters which you wish the SRC to be aware of, speak directly to any SRC member. They are recognisable by the badge they wear.

The Semester 1 2021 SRC students are: Marta Koso Noor Faseeh

Onil Shimon Steven Huang





Ms Boukas IEC Teacher

#### **Presentation Ceremony Academic Awards 2020**

In Term 4 last year, IEC students were nominated to receive an Academic Award on Presentation Day.

The categories for IEC students receiving awards were:

- High Achievement
- Most Consistent Effort

12 students from all the Levels were presented with a medal and special certificate of recognition.

The students were:

Idwar Shilaimon Athraa Isam Anderyas Karran Noor Faseeh Dawod Lajeen Marya Shilaimon Domanic Hado Marta Koso Ramel Pythyo Sameera Shlaymoon Nad Ali Salehi Anna Al-Gburi



#### Student Welfare Program - Settling In

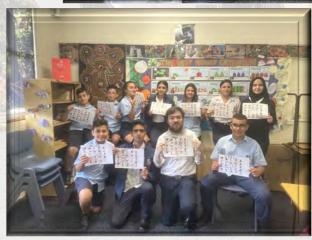
Settling In is a group program for newly-arrived refugee students, which aims to help students adjust to life in Australia.

During the nine week program, students will:

- talk about their feelings
- learn coping strategies
- form positive relationships

The Settling In Program runs for one period a week and is facilitated by the School Counsellor, Adam Gaal and Head Teacher Welfare, Ms. Nona, both of whom have received special training in the delivery of this program. The cohort from Term 1 enjoyed the program and benefited greatly from learning coping strategies to assist with settling in to a new country.







Mr Gaal School Counsellor



Ms Nona Head Teacher Welfare

#### Student Welfare Program - Seasons for Growth



Fairfield IEC and STARTTS presented this program in small groups of select students. This excellent program is based on research that highlights the importance of social support and the need to practise new skills to cope effectively with change and loss. The program focuses on issues such as grief, self-esteem, managing problem solving, decision-making, effective communication, and support networks.

The Seasons for Growth Program runs for eight weeks and is facilitated by trained staff from STARTTS. It concludes with a 'celebration' session involving an excursion. Students thoroughly enjoyed the program and were able to develop skills in dealing with various personal issues in their lives.



Ms Banks **STARTTS** 



NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors

#### Student Welfare Program - My Wellbeing

My Wellbeing is a group program for newlyarrived refugee students which aims to help students to achieve the following:

- increase the awareness of the law in Australia
- start a new life and value the privilege of being part of the Australian community
- address issues surrounding bullying
- value the importance of mental health support
- educate students in hygiene

The My Wellbeing Program runs for one period per week and is facilitated by the Refugee Support Officer, Milad Naisan, who has received special training in the delivery of this program with the class teacher. Students were engaged throughout the program and learnt new skills to assist them with settling in to a new country with different social expectations and laws.





Ms Calver IEC Teacher



NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors



#### Student Welfare Programs - Life in My New Country

Life in My New Country is a group program for newlyarrived refugee students, which aims to help students to achieve the following:

- increase awareness of the law in Australia
- start a new life and value the privilege of being part of the Australian community
- learn about services in the local area
- value the importance of mental health

The program runs for one period a week and is facilitated by the Refugee Support Officer, Milad Naisan, who has received special training in the delivery of this program along with the class teacher. Ms Samonte reported that the students benefited greatly from having a safe space to share their experiences of settling in to a new country, and that their feedback throughout the program was very positive.

> Ms Samonte IEC Teacher

#### Student Welfare Programs - Be Well Youth Talk

Be Well Youth Talk is a group program for newlyarrived refugee students, which aims to help students to achieve the following:

- identify and talk about mental health problems
- share personal experiences
- discuss avenues available in the community to support mental health
- identify ways to raise awareness about this challenge

This program runs for two periods per week and is facilitated by the Refugee Support Officer, Milad Naisan, who has received special training in the delivery of this program, along with the class teacher. Students were able to openly discuss various issues and they are now more comfortable in seeking help with them.







<mark>M</mark>r Milad Naisan <mark>Re</mark>fugee Support Officer



Ms Hardy IEC Teach<mark>e</mark>r

Mr Giakoumatos IEC Teacher



#### The IEC at its best

It was 2016. I was a fresh graduate and was nervous as I was about to begin my adventure as a teacher. Little did I know that a beautiful world, full of the best and most supportive teachers was awaiting me. The IEC was a place that bled hope, care and happiness for both the students and the teachers. It was a place where students weren't afraid to be themselves, and if they were afraid, the teaching and non-teaching staff would go out of their way to make sure that student felt welcomed, felt at home and felt cared for.

This is a perfect opportunity for me to thank a few teachers and point out the great work they have done, however for me, that doesn't seem like enough. Each person has put their heart and soul into making the IEC a place that operates at its best and pointing out their amazing practices is just not enough.

I will miss the mornings where our lovely office staff and SLSO's would bring in delicious, fresh manosh. I will miss the students smiling and saying 'Hi miss!' when they pass by me in the hallway (even if it was five times that day). I will miss the teachers who celebrated, shared and cherished the small moments. I will miss the feeling of safety and inspiration the executive staff would create for all of us. I will miss the walls, the rooms, the office, the kitchen, the pillars, the cola, the library, the ceilings, the tables and the chairs. Because each brick, each structure and each human transpired a sense of belonging.

The IEC, for the big, the small, the old, the young, the lonely, the happy... was home.



Ms Devarkond<mark>a</mark> IEC Teacher



#### Parent Welfare Program - Orientation Day

All parents of students from the IEC were invited to the Parent Orientation Day. During the day they were provided with useful information about schooling in NSW, the IEC's welfare system and the transition of IEC students to high school and TAFE.









#### Parent Welfare Programs - Families in Cultural Transition (FICT)

The Families in Cultural Transition program aims to assist new arrival refugees to settle more easily in Australia. Parents were able to share their stories and concerns in a safe space.

The main objectives of the program are to:

- help families to communicate with each other more effectively in a new cultural environment
- explain the changes that affect people's lives during and after migration, and to help people to adjust to these changes
- learn about schooling in Australia
- give participants an opportunity to discuss difficult or traumatic experiences in their own language in a safe and supportive environment
- introduce participants to other families and couples who speak the same language and share similar experiences
- learn about free and low cost recreational activities in Sydney





#### Parent Welfare Programs - Be Well Adults Talk

IEC parents were invited to attend the Be Well Adults Talk, which aims to assist new arrival refugees to settle more easily in Australia. Parents were able to identify the various mental issues and understand where to seek assistance in a new country.

The main objectives of the program are to:

- Identify and talk about mental health problems
- Share personal experiences
- Discuss avenues available in the community to support mental health
- Identify ways to raise awareness about this challenge





Mr Milad Naisan Refugee Support Officer



NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors

#### **Birthday Cards**

All of our students receive a birthday card signed by the Deputy Principal and a lolly pop on their birthday. This small gesture of recognition boosts self-esteem and self-value within the school and students are very appreciative.





#### **Sydney Eyecare Services (SES)**

In Term 2, Sydney Eyecare Services collaborated with Fairfield IEC to bring its fully equipped mobile optometry clinic to our school. The visiting team consisted of AHPRA registered optometrists coming to conduct eye check-ups for two days. The eyetesting program was bulk-billed to Medicare.

The services included:

- clarity of vision assessment for distance and
- internal and external eye health assessment
- eye co-ordination, binocular vision, depth perception and colour vision assessment
- testing report sent to parents

# Are your child's eyes ready for the classroom?

# Bulk Billed EYE EXAM for Children at school

Healthy vision is important for your child's educational, physical and social development and to help them reach their full learning potential.

Did you know that 1 in 5 children have an undetected vision problem?

With 80 per cent of all learning experienced through vision, it is no surprise that children with undetected vision problems often fail to progress well in school.

Children's vision can change dramatically from one year to the next, so a thorough eye examination is recommended to ensure your child has healthy vision.

Many children continue to experience undetected and unnecessary vision problems and often they assume that how they see is normal. We need to be able to recognise the signs of a vision problem, and to ensure children are examined regularly to detect any problems early.



#### Symptoms to watch out for

- Blurred vision, headaches, or sore eyes
- Delayed progress in reading
- A turned eye, red or watery eyes, and frequent blinking
- Poor hand-eye co-ordination
- Reading difficulties

Once recognised, these problems are usually easy to correct, which is why early detection and eye testing with SES is essential.



Your child may be eligible for a comprehensive Eye-examination with no out-of-pocket expenses.



#### SYDNEY EYECARE SERVICES

**Mobile Optometry** 

Phone: 0405734321

Email: sydneyeyecareservices@gmail.com

# Keep up to date with the latest news from Fairfield High School and Fairfield IEC through our Social Media Channels

Twitter.com/fairfieldh1

www.facebook.com/fairfieldh1











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