



Term 2 Week 10

Friday 1<sup>st</sup> July 2022

## From the Principal's Desk

### Start of the Year

Dear Parents,

2022 has started well especially for our Year 7 students who have settled into the school very well. Most of the COVID restrictions have now been removed and it is wonderful to be able to have parents face to face at the school once again. Throughout this year, there will be a number of events organised for parents, which I encourage you to attend and be part of. Having said that there are still a number of students and staff testing positive for COVID. This has created some staffing issues for the school especially because of the shortage of teachers we are currently experiencing.

### HSC Results 2021

It is with great pride that I can report that our students achieved their best HSC results in the eight years that I have been Principal. Many students achieved Bands 5 and 6 across many different subjects. Of note is our Extension 1 Mathematics class with all seven students in the class achieving a Band 6 (the top band). Congratulations to our 2021 HSC group. Our HSC Achievers and their parents will be invited back in early Term 3 to celebrate the wonderful achievements of our 2021 HSC class.

## School Improvement Plan and Annual Report

At the end of 2021, the school undertook another Situational Analysis and this year sees the beginning of the 2022-2025 School Improvement Plan. Thank you to Ms Knapman who has led these processes at Fairfield High School. Our strategic directions going forward will continue to be:

1. Student Growth and Attainment
2. Student Wellbeing and Engagement
3. Collaborative Practice and Effective Partnerships

The school has also finalise its 2021 Annual Report. Both these documents will be available on the school website.

### Year 12

Our Year 12 students have continued to work hard this year. It is very important that they remain focused and do the best they can in both classwork and assessment tasks. The Trial HSC exams take place in Weeks 3 and 4 in Term 3 and all the HSC students should be regularly revising and studying so they can achieve their best.



## Upcoming Events

### Term 3, 2022

Students return  
**Tuesday 19<sup>th</sup> July**

Year 12 Exams Trial  
**Start Monday 1<sup>st</sup> August**  
**Ends Friday 12<sup>th</sup> August**

Year 11 Yearly Exams  
**Start Monday 12<sup>th</sup> September**  
**Ends Thursday 22<sup>nd</sup> September**

Last day of Term 3  
**Friday 23<sup>rd</sup> September**

### Term 4, 2022

Students return  
**Monday 10<sup>th</sup> October**

HSC Exams begin  
**Tuesday 18<sup>th</sup> October**  
**Ends Friday 11<sup>th</sup> November**

Last Day of Term 4  
**Monday 19<sup>th</sup> December**

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## Vaping

Vaping continues to be an issue among our young people. We take this issue seriously due to the negative health effects vaping can have on young people, who are often unaware of the risks associated with the practice. It is also illegal to possess vapes without a doctor's prescription. Vaping is the act of inhaling a vapour produced by an e-cigarette or electronic vaporizer. The vapour can contain nicotine and other substances and may expose users to chemicals and toxins which are harmful to health. The devices are small and can be easily hidden in a pocket or bag. The most popular disposable vapes resemble large USB sticks or highlighter pens as pictured.



The NSW Department of Education has advised schools that students should not bring e-cigarettes or e-cigarette accessories onto school premises or use them during school-based activities. Consistent with Department of Education and school policy - vaping, selling or being in the possession of e-cigarettes will result in our students being reported to their parents and may result in suspension.

We are asking parents to be informed about this ongoing concern and to speak to their children about making positive decisions. Additional information to support parents and students can be found at

<https://www.health.nsw.gov.au/tobacco/Pages/electronic-cigarettes.aspx>

Watch this video for further information:  
<https://youtu.be/2BoIFZK0EJg>

## Attendance and Lateness

Whole day school attendance is extremely important. Research shows that students who miss school regularly are at a much higher risk of leaving school early and not being able to find employment as well as not reaching their full academic potential. One of the things that the school is focusing on for the next few years is an

improvement in attendance. Students are expected to attend school at least greater than 90% of the time. The Department of Education has set our school a target around improved attendance. Please endeavor to send your child to school every day and only keep your child at home if they are genuinely sick. Together we can give our children the education they deserve. Please also note that school starts at 8.50am each day. Students should be aiming to get to school at 8.30am to make sure they are on time.

## The Barber Shop – Fades and Braids

The Fades and Braids program works with our community partners at Information and Cultural Exchange (ICE). The successful program runs once a week, teaching our students the importance of effective communication, customer service, taking pride in their work, engaging with their learning as well as improving their behaviour and attendance.

Students are mentored and guided by professionals on how to cut, style and braid hair. The program is for both boys and girls and was recently showcased on the Channel 9 News. The story can be seen on our Facebook page <https://www.facebook.com/fairfieldh1>. This program enriches our students by equipping them with the necessary life skills and experiences to enter the work force as well as transition into becoming a barber.





## School Improvements



We are continuing to make many improvements to our school environment. Over the Christmas holidays the boys and girls toilets have been fully renovated and made anew. We have resurfaced the outdoor basketball courts to make them safer and more attractive. The walkways have now been replaced and this will help to protect our students from the rain as they walk from one class to the next. Many classrooms continue to be renovated with new paint and carpet. The school has purchased a variety of new, colourful outdoor furniture for students to use. A new outdoor gym is being built and this should be ready for use by the beginning of Term 3.



## Visit of his Holiness Mar Awa III Patriarch of the Assyrian Church of the East

It was with great pleasure that the Assyrian Diqlat School hosted by Fairfield High School received a visit from his Holiness Mar Awa III Patriarch of the Assyrian Church of the East on Saturday 21 May 2022. I was privileged to be an invited guest during the visit and it was wonderful to have such an important religious leader for our community at our school. Thank you Alice George, Principal of the Assyrian Diqlat School for inviting me to be part of such a special occasion and to Marlyin Nona, Vivian Kindaro and Lena Lazar who also attended.



Finally, as we end Semester 1, I hope each and every student and their families had safe and relaxing holiday.



Mr Charles Borg  
Principal



## From The Deputy Principal

Dear parents and students,

I believe that student success relies heavily on attendance, positive behaviour and a commitment to learning. In light of this, it is of paramount importance that all students attend school regularly and make a strong commitment to their learning. If your daughter or son is away from school for any reason, you (the parent) must supply the school with a note explaining your child's absence. Satisfactory attendance is calculated at 90% and we as a school are striving to improve the minimum standard for all students at Fairfield High School.

I would like to remind all parents that school starts at 8:50am and we expect all students to be punctual. Often, students blame late buses, trains or parents driving them to school too late. These excuses are not acceptable as lateness eats into valuable learning time. As parents, please ensure that your children are not late to school. If your child arrives late, a note is required to explain the lateness.

Term 2 was a very busy term for both staff and students. The semester one assessment period for years 7-12 has taken place and reports are being written across the school. It is very important that communication is open and productive between teachers and parents, as this is the vehicle to support and improve learning. Many hours of marking and report writing are put into very individualised and specific pointers that may assist in your child's learning journey.

Fairfield High School held a Parent/Teacher evening this year. If you missed this one, I encourage all parents to attend and engage in discussions around your child's progress at the next one.

The Parent/Teacher evenings for Term 2 for all year groups were held on Tuesday 28th June 2022 in the School Auditorium



## Subject Selection for 2023

Both Year 8 and Year 10 had some important decisions to make this term in regards to the electives they select for next year. These decisions should have been considered ones, as they become the subjects that students attain their RoSA and HSC certificates in. Students had the opportunity to participate in a 'subject market' where they were issued with course overviews and were provided with the opportunity to ask the teachers who teach these courses questions and discuss the best options for their chosen career paths. A successful 'transition evening' was held on 7th June 2022 where students and their parents attended and subject selection forms were submitted. The evening outlined the NSW Education Standards Authority (NESA) expectations of all students as they undertake this next step in their educational journey.



## Road Safety

Parents it is becoming a major concern that many students are displaying risky behaviour while crossing The Horsely Drive and Nelson Street before and after school. Please remind your children to cross the road in a safe manner using the pedestrian crossing or overhead bridge. Please also note that students who ride a bike or scooter to school **MUST** wear a helmet at all times. It is important that parents and the school work together to keep everyone safe.

Finally, my thoughts turn to Year 12. Term 3 is your last term of school and it will be a busy term of completing major works, assessment tasks, trial exams and making future pathway choices. Therefore, it is extremely important that Year 12 maintain attendance and a strong commitment to their learning to the very end. Year 12 need to continue to develop quality study notes and prepare for the upcoming HSC Trial examinations, which commence week 3, Term 3.

Continue to stay safe and healthy

Ms Dannielle Clarke  
Deputy Principal  
Years 9 and 12



## Teaching and Learning at FHS

High quality teaching and learning is of the highest priority at Fairfield High School. Our teachers have been very excited to get back into the classroom to provide engaging lessons that meet the diverse learning needs of all our students so they can achieve both academic and social improvements. We have been very busy running programs that develop the skills of both our teachers and students to improve learning.

### Testing

Our students have been involved in a wide range of tests in the first half of this year with the purpose of:

- providing teachers with a snapshot of the literacy and numeracy skills that the students demonstrate.
- helping teachers identify students who may require additional support with the development of key literacy and numeracy skills which are needed to access learning across the curriculum.
- informing teacher planning and programming to meet the learning needs of all students.

**Year 7 students** participated in Best Start Year 7 reading, writing and numeracy and NAPLAN online testing. Year 7 students attend focused Literacy and Numeracy classes. These classes help them develop targeted skills that are identified by this testing data in areas such as reading to write, creating and editing persuasive responses, and arithmetic and multiplication strategies.

**Year 8 students** participated in Check-in reading, writing and numeracy assessments and PAT Writing online testing.

**Year 9 students** participated in NAPLAN online testing.

**Year 7 and 9 Naplan** results will be available to parents from August onwards.

**HSC minimum standard tests.** Year 10 have completed the online HSC minimum standards tests. Once students achieve success in Level 3 or higher for the online reading, writing and numeracy tests, they will not need to attempt the

tests again. Those who still need to achieve level 3 and above will be provided with multiple opportunities into Year 11 and 12. The Intensive Learning and Support Program teachers will provide these students with additional support as needed. Further information regarding the HSC minimum standards tests can be found using the following link: [https://youtu.be/zN9MnY\\_H1Sg](https://youtu.be/zN9MnY_H1Sg)

### High Potential and Gifted Education Students

The NSW Department of Education has released the High Potential and Gifted Education (HPGE) Policy which promotes engagement and challenge for every student, regardless of background, in every school across intellectual, creative, social-emotional and physical domains. At Fairfield High School we are committed to supporting every student in achieving their educational potential, through talent development opportunities and differentiated teaching and learning practices that ensure their specific learning and wellbeing needs are met. At the end of this term HPGE identified students in year 7 and 8 Blue classes will develop SMART goals. These goals will be shared with their teachers to help challenge and guide them. "Achievement is most positively affected by students and teachers setting challenging goals that are relevant to the students' level of abilities and achievement." (Richard M. Cash, Ed.D.)



### Feedback

Fairfield High School is implementing a whole-school feedback strategy with the aim of empowering our students to become self-regulators; making more explicit changes to their work. The Quality Teaching and learning team, comprised of 15 dedicated Fairfield High School Teachers, meet regularly to participate in Professional Learning to develop and discuss teaching and learning strategies.



We aim to encourage our students to have a growth mindset, understanding that mistakes are an opportunity to learn by seeking answers from their teachers, peers and self-reflection.



Year 11 and 12 Teacher Student Conferencing is one way we are developing our students' self-reflection skills. Our first conference for Year 12 was held in Week 4. Students discussed their report results with their teachers, using the conference feedback form to explore their learning strengths, areas that need improvement and practical ways they can make these improvements. The Year 11 Teacher-Student Conference will be held Week 10, Monday the 27<sup>th</sup> of June from 2:30pm – 4:30pm



Parent Teacher night is also a valuable source of feedback for our students. We encourage parents to get involved in this event to discuss their child's Semester 1 achievements, areas to improve and ways we can work together to support this improvement.

Ms Brown  
T & L HT

## ***Professional Learning***

Term 1 and 2 have been a busy time for the professional development of staff. After COVID put face-to-face professional learning on hold for a couple of years, staff were back working collegially and participating in learning to update knowledge and pedagogy.

Staff Development Days 1 and 2 focused on completing CPR, anaphylaxis and other mandatory training for both teaching and non-Teaching staff. Staff Development Day 3 saw staff engage in training called BehavAbility run by Ian Luscombe. The training highlighted practical, whole school and individual behaviour management strategies that link positive psychology with emotional education to enable schools to create consistent, predictable, nurturing and high expectation cultures.

## ***Empowered Hour***

This year, we also ran two after school Professional Learning sessions called 'Empowered Hours'. These sessions offered one hour of intensive learning on school specific needs that align with the School Improvement Plan for 2021-2024.

Term 1 saw the Vesna Veljkovic (Head Teacher EAL/D), Catherine Elep (EAL/D Faculty) and Stephen O'Connell (Head Teacher IEC) present on the Differentiation of Assessment Tasks. Staff were asked to bring an assessment task to the session and work on adapting the task to suit the EAL/D needs of the students at Fairfield High School.

In Term 2, Monica Ghaly, Corrine McKay and Caitlin Stibbard from the LaST Faculty presented a session on Inclusive Classrooms. The session focused on supporting staff to understand, practise and implement effective modification strategies, to provide staff with the necessary and relevant tools to confidently support students with learning needs within the classroom.





## **Early Career Teachers**

Our early career teachers have also been engaging in targeted sessions with the Head Teacher Secondary Studies. These sessions have revolved around administration, organisation and behaviour management. The sessions allow our new teachers to contribute to collegial discussions around their teaching practice and give staff the opportunity to apply and give feedback to improve their knowledge and practice.

### **Upcoming Professional Learning in Term 3**

- Staff Development Day 4: Monday 18th July, 2022
- Empowered Hour - Differentiation & EAL/D Policy: Monday 1st August 2022
- Early Career Teacher Workshops
- Assessment and Reporting : Every Tuesday Week 5 to Week 8
- Faculty PL Workshops – Every Monday Week 5 to Week 9
- FLAIR Workshops – Every second Wednesday Week A
- New Teacher Induction Thursday 4th August 2022

Ms Tina Kalogeropoulos  
Relieving HT Secondary Studies

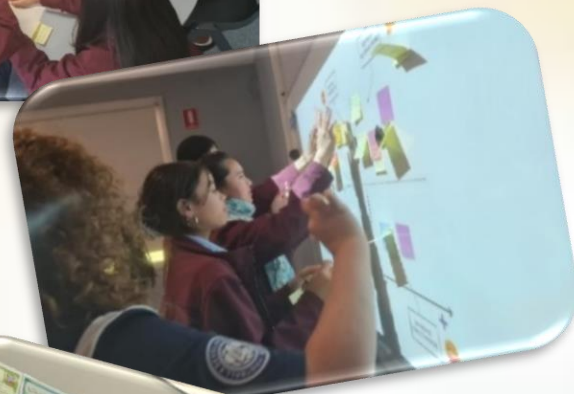
## **Youth Leadership Program -**

### **Creating Chances**

This term our SRC students participated in the Youth Leadership Program delivered by Creating Chances. Students worked in teams towards a project for 8 weeks. The program allowed students to be future focused and tap into their creativity and critical thinking it promoted positivity and raised awareness regarding wellbeing. This innovative program allowed our students to understand and recognise that their voice is a powerful and effective tool with pioneering social, political, and economical change. Congratulations again to our Student Leadership Team for representing our school with pride. Students will continue to use and share their skills with their peers. We take pride in our students, and strive to prepare them for lifelong learning!

### **Fades and Braids Program**

Our exciting and engaging program was presented on Channel 10 news this term! Fairfield High School was proudly represented by our students, “grooming the next generation of barbers and hair braiders.” Once a week, for 10 weeks, students learn how to style, cut, braid and wash hair by our wonderful mentors Charles and Lucy (from Information and Cultural Exchange). The objective of this program is to encourage cultural diversity, and develop pathways and employment opportunities for students. We look forward to continuing to work with our students and with external agencies who promote student growth and learning through innovative ways!





Our students trusting each other throughout the process!

*I attend another challenge in the future.” – Assistant Principal, Fairfield West.*



## Academic Challenge

This term we had the opportunity to connect with our neighbouring primary schools: Canley Heights, Fairfield, Fairfield West, Villawood North and Yennora Public School. Year 5 students were welcomed into our school to engage with set activities hosted by our Head Teacher English, Mr Bianca and Head Teacher CAPA, Mr Harris. Students were tested on various abilities. They were required to listen attentively to ensure they followed instructions for each task, use their creativity to convey their understanding of unseen texts, work respectfully with their peers to compose a poem and create a 3D visual representing a text. Students also had the opportunity to play on African Drums with Mr Harris, carefully listening to the beat and rhythms presented and mimicking them as close as they could! Congratulations to Canley Heights for winning the academic challenge!

A shout out to our wonderful SRC students who actively supervised and assisted staff and students to complete the activities to the best of their ability. We received positive feedback from all students and staff who started that, *‘students could not stop talking about it and thoroughly enjoyed the experience!’* - Assistant Principal, Villawood North. *“Thank your team for the excellent organisation of the day’s events. I hope*



## Art/ Mural Program with Emmanuel Asante

This term, selected students have been invited to work on a new mural for our school, working closely with a creative artist – Emmanuel Asante. This program allows our gifted students to express their ideas through art, embedding different techniques and merging them together to showcase the Fairfield High School culture. Emmanuel has been working with our students once a week, guiding and inspiring students to work collaboratively to share their major art works and ideas whilst creating our school mural. Students are making steady progress with the supervision of myself, the Head Teacher CAPA, Mr Harris, and Emmanuel. Watch this space!



## Year 10 Careers Fair – Intuit Employment Seminar

Intuit collaborated with our school to deliver an employment seminar for our fortunate Year 10 students. The Intuit Team have been extremely generous, hosting a successful Careers Fair for our students, providing them with the time to reflect on their abilities, goals, and plans for their future. Students worked with a 'buddy' to create a resume and asked questions about different pathways regarding their future aspirations. When students completed their activities, they were rewarded with a delicious, free lunch and personalised Fairfield High School cupcakes (very thoughtful and tasty!) Students then celebrated their success by taking photos at the photo booth and gaining as much insight as they could from the Intuit Team. Students were very thankful for this opportunity and provided verbal and written positive feedback. A lot of students stated that they were, 'feeling blessed!' We thank Intuit for investing in our students and for providing them with this wonderful experience. We look forward to working together towards new projects for our students.



### Scholarship winners!

We are proud of our students who are diligent and dedicated to their learning. Congratulations to our scholarship winners who have made Fairfield proud! #proudlypublic #PEF  
A Thank you to the Public Education Foundation for providing this wonderful life changing experience or our students.



Ms Siddiqi  
HT Student Engagement

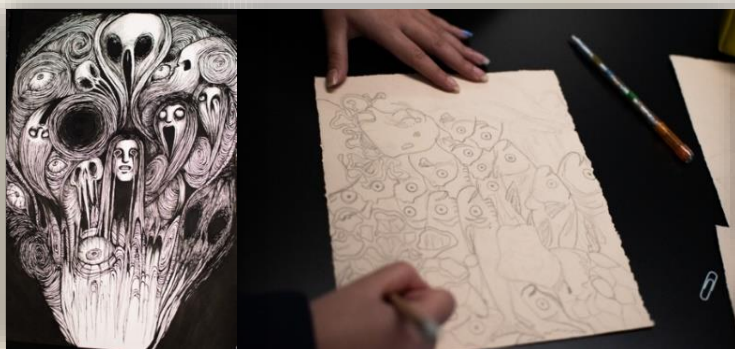




## CAPA Faculty

### Creative and Performing Arts

Welcome to the end of Semester 1 in the Creative and Performing Arts! Our students are well underway through several projects and have been hard at work putting their creativity to the test. For both Music and Visual Arts, our HSC Major Works are due in Term 3, and this has put the pressure on our students to start polishing and finalising their works. True to form, Fairfield High School artists and musicians have stepped up to the challenge with some amazing artwork coming from the Visual Arts classes, and our musicians spending two days performing two of their four songs under exam conditions.



Over Term 3, if you see any of our HSC artists or musicians make sure to give them a word of encouragement as this is the final countdown to get prepared.



In other areas, we have recently upgraded a small space in our music room to be an electronic rehearsal/recording room including an electronic drum kit, a keyboard and a small mini studio jam station which allows each student to hear each other and set up their own live mix. Our talented Year 11 students have been using this area to good effect, getting a small band together and jamming away.

Our final update is with our Year 11 Visual Design class who have been completing a 'Graffiti' design unit, looking at the history of the graffiti and street art subculture and creating their own imagery. They have painted these up on their very own skateboards that they will be able to take home and either ride or display!

FHS wishes all of our students the best of luck next term with their major projects, and until the next time, *stay creative!*



Mr Harris  
Head Teacher CAPA

## English Faculty

Terms 1 and 2 in English have been challenging for everyone, with the absenteeism of teachers and students alike. Having said that, it has introduced us to many innovative and dynamic ways to make sure we get through our important content and learn those valuable skills that will help us to achieve success in what we do.

All English teachers have a Google Classroom set up so that when students or teachers are absent, work can be posted. But this is not the only way we use the Google Classrooms. They do give English teachers the chance to post content and material covered in class, or assign work for students to complete and draft. So overall, these hard times have enabled English teachers to think of additional ways to differentiate their lessons so that FHS students are not disadvantaged by events that we cannot control.

In Term 3 and 4 Year 12 will embark on both the Trial HSC and the actual HSC examinations. Now is the time to make sure students are familiar with all the content that has been covered and ask the important questions from their teachers, if there are areas they need clarified. On behalf of the English teachers, I would like to wish our wonderful Year 12 students the best of luck going into Terms 3 and 4.

I look forward to seeing what English course students of Year 10 plan to pursue in 2023. Hopefully those courses, whether it be Advanced, Standard, Studies or Extension, help students showcase their best work.

Throughout Semester 1 a lot of our English students continued to work hard and remained determined to reach their potential across all Stages and courses. Here are some work samples from English students in Year 9, who recently completed a visual narrative, that complimented their study of the text American Born Chinese.



Some of our Year 8 students wrote outstanding analytical pieces for their film study, and below are a couple of excerpts from two students; Kelly Vuong and Ivy Huynh. Congratulations to Kelly for receiving full marks for that very difficult task of writing an analytical essay on the film Remember the Titans.

Through Yakin's use of **anaphora**, and emphasis on the word 'fight and fighting', this indicates that it will never end until they make it right. The setting recognises and reflects the **historical allusion** that changed American history during the 20th century. As a result, the Gettysburg foundation is the **catalyst** for change, the significant movement provokes change and the graves are shown to be the levelling factor, being equivalent to the football field. Furthermore, through his **rhetoric**, through the **characterisation** of Boone, Yakin draws parallels between the battlefields and the football field, which is synonymous with the direct comparison between the soldiers that fought and died, to the football team to fight and win.



- Kelly Vuong

A lower angle shot of coach Boone brings a sense of helplessness and vulnerability toward the players. Accompanied by the low angle, Coach Boone verbalises, **"I don't care if you like each other right now, but you will respect each other. And maybe - I don't know, maybe we'll learn to play this game like men...."** representing the developing ambition amongst the players.

- Ivy Huynh

Finally, a excerpt from Noora Yaqow's recent Year 12 English Advanced essay on the Textual Conversation between William Shakespeare's King Richard III and Al Pacino's Looking For Richard.

Shakespeare's depiction of Richard, who works to conceal his underlying Machiavellian intentions throughout the play, is established through dramatic irony in his opening soliloquy of the "plots I have laid to set my brother and the king in deadly hate," whereby Shakespeare has Richard's deviousness and "devilish plots" foreshadow his decimation, displayed by the Elizabethan worldview that the immoral acts of deceit and manipulation are ultimately destructive, allowing his audience to anticipate and morbidly observe his malevolence.

- Noora Yaqow

Before signing off I would like to thank and acknowledge the efforts of the remarkable teachers that make English enjoyable and relevant to all our students. They have worked hard to cater for all different learning styles and it is their commitment that helps English achieve lots of value-added results every year. Thank you to Ms Lee, Mr Jackson, Ms Israel, Mr Pararmuthevar, Ms Oliverio, Ms Stibbard and Ms Picone.

Until the next issue, Keep reaching for your best.



Mr Bianca  
Head Teacher  
English

## Maths Faculty

### Fractions Splash Game

In week 4, the Year 7 students consolidated their learning of fractions by playing the fraction splash game in the class. In pairs, each student was required to answer certain questions related to fractions using the fraction wall to progress through the board game. Students took turns and waited patiently for each other while playing the game. By converting learning into a game, they enjoyed it and remembered the basic concepts for longer.



### Conversion in between units

In week 4, the Year 10 students revised the topic of conversion between different units of length by playing a four-in-a-row bump activity in pairs. Each student had different coloured counters and was required to answer questions about converting between different length units, such as metre to centimetre, kilometre to millimetre, to progress through the game. The level of difficulty increased from level 1 to level 2. The students enjoyed the game and they were able to remember the basic relationship between length units in a fun way.



Ms N.Kapoor  
Maths Teacher



## PDHPE Faculty

### *U15's Boys Basketball*

Here is a little blurb about our U15's Boys Basketball knockout team.

The students arrived at Bankstown Basketball Stadium and had 15 minutes prior to their first game to practise and warm up. The students first game was against Picnic Point High School. FHS students, Emmanuel (Year 9), Harry (Year 8) and Zach (Year 9) were able to contribute a combined total of 60 points for the team to win 63 to 35 on the final buzzer. The second match was against Cabramatta High School. This was a close match all game, but FHS were able to take the lead when penalty shots were taken by Zach (Year 9) and Blake (Year 9) to win the game by an outstanding 17 points on the final buzzer.

Congratulations to all students involved in the team. Your efforts throughout the day have not gone unnoticed.



Ms Weldon  
PDHPE Teacher

### *Open Girls Volleyball team*

Ms Kezic and Ms Bentley had the pleasure of taking the Open Girls Volleyball Team to compete in round of early this month.

They played three games in total and represented FHS with pride, respect and outstanding teamwork.

Game 1 was an early start at 8.00am. They played against Ingleburn HS and came away with a 3 straight set win over them. They were playing in round 16 and progressed onto the next round.

In Game 2, they played against Miller Tech HS who beat them last year in the semi-finals. This year was a different result with our girls also winning that game for 3 straight sets. They were playing in the quarter finals which was the eight best teams in Sydney South West (SSW).

Game 3 was a big game as they were playing in the semi-finals for a top four position in SSW region. We versed James Meehan HS who is coached by a well-known volleyball coach and an ex SSW and CHS coach.

We were two sets down in the beginning. It was a tough fight to come back to stay in the game. Ms Bentley did a little chant with the girls in-between sets 2 and 3 to get them pumped up and refocused to come out and play their best. Well, it must have worked as we then won the next three sets and the game.

This is the best result the FHS girls have achieved and they are known out there as the team to beat!

2021 results - 4th in SSW

2022 results thus far - top 2 in SSW (awaiting final position) and we are off to CHS STATE FINALS.

Congratulations on an amazing result ladies!

Jayan Tuuaga  
Ruth Ieremia  
Wendy Salanoa  
Vine Aloalii

Shawndee Francisco  
Joyanne Manihera  
Jasmine Sar  
Annacecilia Mania

Georgina Tevaga (who was absent on this day)





## Boys Volleyball team



This year was a difficult year for our teams as it has been a long time since they were able to compete in competitions against other schools.

We have a large number of interested boys who wanted to join the volleyball team this year and have the opportunity to represent FHS in knockout. Through hard work and the dedication of turning up to training, we had a team of 12 boys from Years 9-11.

The positions were in high demand amongst the team and the boys were always striving to improve and gain their ideal place in the starting six. Training sessions were high in energy and intensity.

The competition was run slightly different this year for the boys at the central venue. It was a round robin style draw to give the best chance for outstanding competitive volleyball. We played against Cabramatta, Thomas Reddall and Moorebank High School.

The boys unfortunately did not make it as far this year after a couple of tough games. They will continue to train and develop their skills to go further next year.

Ms Bentley  
SEU Teacher

Ms Kezic  
PDHPE Teacher

## Open Girls Basketball

On Friday 11th March 2022 Fairfield High School entered a team into the Sydney South West Girls Basketball knockout competition. Our matches were played at Bankstown Basketball Stadium, and we competed against other schools in the Sydney South West Region. We were not successful in winning our first match, however, we did win our consolation game. What made the day a success was the participation of the girls in the games, along with volunteering their services to help with scoring for other matches. All girls were committed to being in the team, training at lunch, and being prepared for the day.

After arriving early in the morning at school, we were on our way before 8.00am with ten Basketball players from Years 9, 10 and 12. Once at the venue, the girls looked impressive in their playing kit. After a quick warm-up, we played our first game. While the results weren't victories, the team developed an excellent relationship, which was evident throughout the day. A huge thank you to the players who participated on the day, showing the Fairfield spirit on and off the playing field.

Mr Venn  
PDHPE Teacher





## Football teams

### Open Boys



The following boys represented Fairfield High School in the Combined High Schools Puma Cup Knockout Football Competition this semester.

Goalkeepers: Admon Odisho, Aram Sarkis.  
Defenders: Bashar Sarkis, Marven Balota, Charbel Younan, Mohammad Kadhim, Samer Mansour.

Midfielders: Ali Mourshidi, Abdullah Al-Taie, Oken Maroukel.

Strikers: Hameed Hameed, Sam Al-Zahrouri.

The boys made it through to Round 4 of the competition and represented Fairfield High School with pride. Our Round 3 and 4 matches were played on the same day at the Central Venue Tournament held at Marco Reserve in Panania. After a comprehensive victory over Bass Hill, in which Hameed Hameed starred with 5 goals, we came up against a traditionally strong East Hills Boys team. Despite a numerical disadvantage, our boys held their own and performed strongly for twenty minutes before East Hills eventually wore us down and scored their first goal. From then on, East Hills gained the ascendancy and recorded a comprehensive victory to knock us out of the tournament.

### Open Girls

The following girls represented Fairfield High School in the Combined High Schools Puma Cup Knockout Football Competition this semester.

Goalkeepers: Mary Eilaneh, Marita Ekhtiar.  
Defenders: Tamesis De Zilva, Eh Moo Htoo, Achourina Kambar, Omisha Kumar, Klodya Jabbar, Marena Dnho, Shivali Kumar, Taraziya Dakho, Chamrouen Lek, Renesmea Ieremia.

Midfielders: Vine Aloalii, Matilda Haso, Joyanne Manihera, Tamana Azimi.

Strikers: Audrina Samoael, Javiera Munoz Pinilla, Mariam Fanoush, Lillian Munezero.

The girls made it through to Round 3 of the competition and represented Fairfield High School with admirable courage and competitiveness. After an exciting 5-4 victory over Prairiewood High School in Round 2, our girls progressed to the Central Venue Tournament held at Marco Reserve in Panania. We came up against a very strong Bossley Park High School team in Round 3. We knew it was going to be a very challenging match, and so it proved to be as Bossley Park posted a very convincing victory to knock us out of the competition. Despite the match getting away from us quite early, and a heavy defeat in the end, all our girls showed outstanding strength of character and never once looked like giving in. They played the match with excellent spirit and showed grace and dignity after the final whistle blew. They did Fairfield High School proud. Well done girls!



Mr Haythornwaite  
PDHPE Teacher



## Athletics Carnival

The School Athletics Carnival was held on our school grounds on Wednesday 1st June. The weather was sunny, but very windy. The tabloid format of the carnival allowed students to move from event to event and participate in as many different events as they could, earning participation points in the process. It was fantastic to see so many students have a turn at an event. Because of the enthusiasm of so many students it was a close competition between some students right up to the conclusion of the carnival.

*Congratulations to the following students on being awarded Age Group Champions for 2022:*

12 yrs Phoebe Morgan	Amir Ahmadi
13yrs Armada Sucic	Eystin Manihera
14yrs Tiana Faiva Tulemau	Ramazani Wakilongo
15yrs Jessamine Aloalii	Matthew Samoael
16yrs Ruth Ileremia	Curtis Sebial
17+yrs Nilofar Rasuli	Anh Nguyen

From the school carnival we have had many successful students who will now go on to represent our school at zone level. Well done to all students for your fantastic efforts and achievements. We look forward to another great athletics year in 2022 with many students breaking their own personal bests.

Ms Rosewell  
PDHPE Teacher





## ***Come-and-Try Athletics at Campbelltown Athletics Centre***

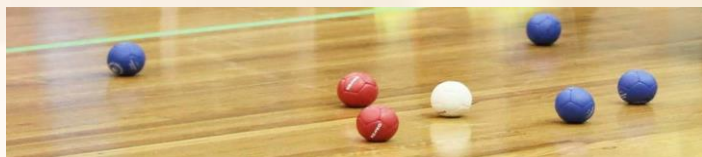


On Tuesday 3rd of May 2022, SEU students went on an excursion to Campbelltown Athletics Centre. They participated in a range of athletics activities including 50m, 100m and 200m races (receiving 1st place in most races), discus, javelin, and long jump.





## 2022 School Sport Unit Boccia knockout



The talented SEU Boccia team represented Fairfield High School at the knockout Boccia competition. The team won 5 out of 5 games, ranking 1st in the Sydney South West region. They will now progress into the state finals to be played later in the year at Sydney Olympic Park. The students trained hard and showed great sportsmanship towards other teams and were extremely supportive of each other. Well done team!



Team huddle to discuss strategies



Captain's coin toss to determine colours



Practising before the games



Intense Pool A winner vs Pool B winner to determine which team progresses to state finals

Ms Ha  
SEU Teacher



## SEU Easter Show

On the last day of Term 1, the SEU students went to the Royal Easter Show. The students were very excited to go on an excursion to see lots of different things. The students stayed in their classes for the day and planned out their visits prior to attending the day.

It was a long day for everyone who went. We got the train from Fairfield Train Station and made our way to Sydney Olympic Park. The weather was gloomy, wet and cold to start with. We were lucky that the sun came out during the day.

The students selected a range of attractions to see on the day, including the animals, woodchopping, showbags, home and lifestyle arena, cooking shows and many more. They all enjoyed visiting these locations and were inspired by things that they could do when they returned back to school. The day was full of learning and provided an opportunity for us to see how things are made and work in the world around us.



## Fairfield World Cup

On Tuesday 21st June, the Soccer Academy Students and Fairfield High School representatives from Years 7, 8 and 9 attended the Fairfield World Cup at Fairfield Showgrounds. This wellbeing event was run by the Fairfield Community Drug Action Team and was a great opportunity for our students to learn about local support services and alcohol and other drug harms.

Our students learnt about the dangers of drug and alcohol abuse and were equipped with practical mental health and wellbeing advice; listening to two inspiring guest speakers, Nick Kenny and Johnny Nguyen. They also enjoyed

engaging with interactive stalls run by community organisations, such as STARTTS, CORE and Youth Off the Streets. The activities explored issues like gambling, sexual health, alcohol impairment, and vaping and were a great way to raise our students' awareness surrounding these harms.

The Soccer Academy students showcased their talents on the pitch with three convincing wins over Prairiewood HS, Verona School and James Busby HS. The boys went down fighting in a narrow 3-2 semi-final loss to Westfield Sports HS and finished in an admirable 4th place in the tournament, with Edis Aslani being named tournament MVP.

The Fairfield World Cup was a fantastic day and all of our students were exemplary representatives, displaying the talent, enthusiasm and curiosity to learn that characterises Fairfield High School.

Ms Calver  
EAL/D Teacher







## Compulsory school attendance

### Information for parents

Education for your child is important and regular attendance at school is essential for your child to achieve their educational best and increase their career and life options. NSW public schools work in partnership with parents to encourage and support regular attendance of children and young people. When your child attends school every day, learning becomes easier and your child will build and maintain friendships with other children.

### What are my Legal responsibilities?

Education in New South Wales is compulsory for all children between the ages of six years and below the minimum school leaving age of 17 years. The Education Act 1990 requires that parents ensure their children of compulsory school age are enrolled at, and regularly attend school, or, are registered with the NSW Education and Standards Authority for home schooling.

Once enrolled, children are required to attend school each day it is open for students.

### The Importance of arriving on time

Arriving at school and class on time:

- Ensures that students do not miss out on important learning activities scheduled early in the day
- Helps students learn the importance of punctuality and routine
- Give students time to greet their friends before class
- Reduces classroom disruption

Lateness is recorded as a partial absence and must be explained by parents.

### What if my child has to be away from school?

On occasion, your child may need to be absent from school. Justified reasons for student absences may include:

- being sick, or having an infectious disease
- having an unavoidable medical appointment
- being required to attend a recognised religious holiday
- exceptional or urgent family circumstance (e.g. attending a funeral)

## Days missed = years lost

A day here and there doesn't seem like much, but...

When your child misses just... they miss weeks per year and years over their school life



### NSW Department of Education

Following an absence from school you must ensure that within 7 days you provide your child's school with a verbal or written explanation for the absence. However, if the school has not received an explanation from you within 2 days, the school may contact you to discuss the absence.

Principals may decline to accept an explanation that you have provided if they do not believe the absence is in the best interest of your child. In these circumstances your child's absence would be recorded as unjustified. When this happens the principal will discuss their decision with you and the reasons why.

Principals may request medical certificates or other documentation when frequent or long term absences are explained as being due to illness. Principals may also seek parental permission to speak with medical specialists to obtain information to collaboratively develop a health care plan to support your child. If the request is denied, the principal can record the absences as unjustified.

### Travel

Families are encouraged to travel during school holidays. If travel during school term is necessary, discuss this with your child's school principal. An Application for Extended Leave may need to be completed. Absences relating to travel will be marked as leave on the roll and therefore contribute to your child's total absences for the year.

In some circumstances students may be eligible to enrol in distance education for travel periods over 50 school days. This should be discussed with your child's school principal.

### My child won't go to school what should I do?

You should contact the principal as soon as possible to discuss the issue and ask for help. Strategies to help improve attendance may include a referral to the school's learning and support team or linking your child with appropriate support networks. The principal may seek further support from the Home School Liaison Program to develop an Attendance Improvement Plan.

### What might happen if my child continues to have unacceptable absences?

It is important to understand that the Department of Education may be required to take further action where children of compulsory school age have recurring numbers of unexplained or unjustified absences from school.

Some of the following actions may be undertaken:

- Compulsory Schooling Conferences

You may be asked, along with your child, to attend a Compulsory Schooling Conference. The conference will help to identify the supports your child may need to have in place so they attend school regularly. The school, parents and agencies will work together to develop an agreed plan (known as Undertakings) to support your child's attendance at school.

- Application to the Children's Court – Compulsory Schooling Order

If your child's attendance at school remains unsatisfactory the Department may apply to the Children's Court for a Compulsory Schooling Order. The Children's Court magistrate may order a Compulsory Schooling Conference to be convened.

- Prosecution in the Local Court

School and Department staff remain committed to working in partnership with you to address the issues which are preventing your child's full participation at school. In circumstances where a breach of compulsory schooling orders occurs further action may be taken against a parent in the Local Court. The result of court action can be the imposition of a community service order or a fine.

### What age can my child leave school?

All New South Wales students must complete Year 10 or its equivalent. After Year 10, and up until they reach 17 years of age, there are a range of flexible options for students to complete their schooling.

### Working in Partnership

The NSW Department of Education recognises that working collaboratively with students and their families is the best way to support the regular attendance of students at school.

We look forward to working in partnership with you to support your child to fulfil their life opportunities.

### More information

Further information regarding school attendance can be obtained from the following websites:

### Policy, information and brochures:

Please visit the Department of Education's Policy Library AND The Department's Attendance Matters Website

### The school leaving age:

Please visit the Department of Education's Wellbeing and Learning website

### Do you need an interpreter?

Interpreting services are available on request, including for the hearing impaired. The Telephone Interpreter Service is available 24 hours a day, seven days a week on 131 450. You will not be charged for this service.





## Community

Term 2 2022 was a great opportunity to resume the community programs. We were thrilled to be able to invite Year 7 parents to enhance home-school communication. We enjoyed meeting and networking with parents and carers by providing clear understanding of opportunities, expectations and supports we have for students.

This meeting has helped in the gathering and sharing of information to support building the trust between school and parents to ensure students' needs are met.

The community team ended the meeting with staff having casual conversation with parents to encourage communications, parents were able to raise issues and ask questions.

### Community Team at FHS

On behalf of the community team, we warmly welcome you to FHS, we seek to offer innovative and resourceful ways to create connections and provide valuable information to promote positive relationships and enhance the education, health and wellbeing of students

We are able to help you with English, Arabic, Assyrian and Vietnamese

فريق العلاقات الاجتماعية يرحب بكم في مدرسة فيرفيلد الثانوية نحن نسعى لتوفير مبادرات وطرق مبتكرة وبناء علاقات اجتماعية بين المدرسة والاهالي للتاثير الايجابي على مستوى الطلاب التعليمي والصحي

نستطيع مساعدتكم باللغة الانكليزية ، الاشورية ، العربية والفيتنامية



Mr Milad Naisan, Refugee Support Officer

Ms Lena Lazar, Community Liaison Officer



# School Canteen

FRESHLY  
MADE!

## FAIRFIELD HIGH CANTEEN MENU

### BREAKFAST

BACON ROLL	\$4.00
EGG ROLL	\$4.00
BACON & EGG ROLL OR WRAP	\$4.50
HOME-MADE BANANA BREAD	\$4.50
MUFFIN	\$4.50
VARIETY OF FLAVOURS	
BREAKFAST MEAL DEALS	
BACON & EGG ROLL OR WRAP & A SMALL FLAVOURED MILK	\$6.80
TOASTED BANANA BREAD & A SMALL FLAVOURED MILK	\$6.50



### TURKISH (COLD)

SCHNITZEL TABOULI CHICKEN SCHNITZEL, HOMMUS & TABOULI	\$6.50
SWEET CHILLI CHICKEN SWEET CHILLI TENDERS, MAYO, TOMATO, LETTUCE & CHEESE	\$6.50

### COLD FOOD

WATERMELON BOWL	\$4.50
FRESH FRUIT SALAD	\$4.50
YOGHURT & BERRIES	\$4.50
YOGHURT & MUESLI	\$4.50
FRUIT AVAILABLE DAILY	\$1.00



### TURKISH (HOT)

CHICKEN SCHNITZEL DELIGHT CHICKEN SCHNITZEL, PESTO, ROAST CAPSICUM & CHEESE	\$6.50
CHICKEN DELIGHT ROAST CHICKEN, PESTO SUNDRIED TOMATOES & CHEESE	\$6.50
HAM DELIGHT SMOKED HAM, SUNDRIED TOMATOES & CHEESE	\$6.50
CAESAR DELIGHT CAESAR DRESSING, CHICKEN SCHNITZEL, CHEESE & BACON	\$6.50

### SANDWICH BAR

CHICKEN LETTUCE & MAYONNAISE	\$4.50
SMOKED HAM HAM, CHEESE & TOMATO	\$4.50
CHICKEN SCHNITZEL HOMMUS & TABOULI	\$4.80

**BREADS**  
WHITE, WHOLEMEAL & MULTIGRAIN  
GLUTEN, ROLL OR WRAP (EXTRA  
\$1.00)

### PASTA

	SML	LRG
PENNE BOSCAIOLA HAM, MUSHROOM & CREAM SAUCE	\$5.50	\$6.50
SPAGHETTI BOLOGNESE	\$5.50	\$6.50
LASAGNA HOME-MADE BEEF	\$5.50	\$6.50



### PIZZA

HAWAIIAN HAM & PINEAPPLE	\$5.50
BBQ CHICKEN BBQ CHICKEN WITH ONION & CHEESE	\$5.50

### SALADS

	SML	LRG
CHICKEN PASTA SALAD ONION, MAYO, CHICKEN, CARROT, RED PEPPER, PARSLEY	\$5.00	\$6.00
CHICKEN CAESAR SALAD CHICKEN SCHNITZEL, COS LETTUCE, CAESAR DRESSING, BACON & CROUTONS	\$5.50	\$6.50
THAI NOODLE SALAD GRILLED CHICKEN, VERMICELLI NOODLE, CUCUMBER, CAPSICUM & CARROT	\$5.50	\$6.50
EASTERN DELIGHT TABOULI, HOMMUS, SCHNITZEL W/ CRUNCHY PITA BREAD	\$5.50	\$6.50



### WRAPS

SINGLE \$4.50 OR DOUBLE \$6.50

SWEET CHILLI CHICKEN CHICKEN, SALAD & CHEESE	
CHICKEN CAESAR CHICKEN, BACON, CHEESE & CAESAR DRESSING	
CHICKEN SCHNITZEL CHICKEN SCHNITZEL, TABOULI, HOMMUS, TOMATO & LETTUCE	

### BURGERS

CHICKEN CAESAR BURGER GRILLED CHICKEN, CAESAR DRESSING, BACON & COS LETTUCE	\$6.00
CHEESE BURGER FRESH BEEF PATTY, CHEESE, FRESH TOMATO & TOMATO SAUCE	\$6.00
PERI PERI PORTUGUESE BURGER CHICKEN BREAST, PERI PERI SAUCE & LETTUCE	\$6.00
CHICKEN BURGER FRESH CHICKEN PATTY, LETTUCE & MAYO	\$5.50
GOURMET BURGER FRESH BEEF PATTY, ONION, BBQ SAUCE, BEETROOT, TOMATO & LETTUCE	\$6.00

### HOT DISHES

	SML	LRG
BUTTER CHICKEN WITH RICE	\$5.50	\$6.50
LEAN BEEF PIE		\$4.50
LEAN SAUSAGE ROLL		\$4.00
SPINACH & CHEESE ROLL		\$4.50
GARLIC BREAD		\$2.50
CHICKEN TENDERLOINS	CUP	\$6.00
OVEN BAKED WEDGES	CUP	\$4.50
	TRAY	\$5.50

### DRINKS

WATER	600ml \$2.50
	1L \$4.50
ALOE VERA	\$4.50
JUICE 500ml	\$4.80
ORANGE, APPLE	
ICED TEA	\$4.50
POWERADE	\$5.00
LOW SUGAR CAN DRINKS	\$2.80
FLAVOURED MILKS	300ml \$2.80
CHOCOLATE, STRAWBERRY	500ml \$4.50
UP & GO	\$3.00

OUR FOOD IS FRESHLY MADE ON THE PREMISES

Please note we apply a surcharge to eftpos card transactions  
\*Some items on this menu may be subject to change due to unforeseen external factors such as supplier price  
increases or environmental factors.\*

**total**  
total energy - total life



FRESHLY  
MADE!

# VEGETARIAN AND VEGAN CANTEEN MENU

## VEGETARIAN - SALADS

<b>GREEK</b> TOMATO, CUCUMBER, ONION, CAPSICUM, OLIVE & FETTA	\$5.00 \$6.00
<b>PESTO PASTA</b> PESTO, OLIVES, SUNDRIED TOMATO & CARROT	\$5.00 \$6.00
<b>EASTERN DELIGHT</b> TABOULI, HOMMUS, FALAFEL W/ CRUNCHY PITA BREAD	\$5.50 \$6.50



## VEGETARIAN - SANDWICHES

<b>CHEESE &amp; TOMATO</b>	\$4.00
<b>EGG</b> EGG, MAYO & LETTUCE	\$4.00
<b>FALAFEL</b> LETTUCE, TOMATO, CUCUMBER & HOMMUS	\$4.50
<b>VEGETARIAN</b> GRILLED EGGPLANT, LETTUCE, SUNDRIED TOMATO & ROAST CAPSICUM	\$4.50



## VEGETARIAN - HOT

	SML	LRG
<b>VEGETARIAN FRIED RICE</b>	\$4.50	\$5.50
<b>SPINACH &amp; CHEESE RAVIOLI</b>	\$5.00	\$6.50
<b>VEGETARIAN LASAGNA</b>	\$5.00	\$6.50
<b>VEGETARIAN PASTA</b>	\$5.00	\$6.50
<b>STIR FRY NOODLES W/ VEGETABLES</b>	\$5.00	\$6.50
<b>VEGIE BURGER</b>		\$6.00
VEGIE PATTIE, MAYO, TOMATO & LETTUCE		
<b>MEDITERRANEAN DELIGHT TURKISH</b>		\$6.50
OLIVE, ARTICHOKE, ROAST CAPSICUM & FETTA		
<b>VEGETARIAN DELIGHT TURKISH</b>		\$6.50
PESTO, SUNDRIED TOMATO, ROAST CAPSICUM & CHEESE		
<b>MARGHERITA PIZZA</b>		\$5.00
CHEESE & TOMATO		
<b>VEGETARIAN PIZZA</b>		\$5.50
OLIVE & ROAST CAPSICUM		
<b>SPINACH &amp; RICOTTA ROLL</b>		\$4.50
<b>OVEN BAKED WEDGES</b>	CUP \$4.50 TRAY \$5.50	

## VEGAN HOT DISHES

	SML	LRG
<b>VEGAN FRIED RICE</b>	\$5.00	\$6.50
<b>PASTA NAPOLETANA</b>	\$5.00	\$6.50
<b>VEGAN DELIGHT TURKISH</b> SUNDRIED TOMATO, ROAST CAPSICUM, OLIVES & ARTICHOKE		\$6.50



## VEGAN COLD DISHES

<b>SALAD SANDWICH</b> LETTUCE, TOMATO, CUCUMBER, BEETROOT, ONION & CARROT	\$4.50
<b>VEGAN SANDWICH</b> SUNDRIED TOMATO, ROAST CAPSICUM & ARTICHOKE	\$4.50
<b>VEGAN WRAP</b> LETTUCE, HOMMUS, TABOULI	\$4.50
<b>FALAFEL WRAP</b> FALAFEL, HOMMUS, TABOULI, CUCUMBER & LETTUCE	\$4.50

## SAVE TIME with our ONLINE CANTEEN



Fairfield High School Canteen accepts  
online orders using MunchMonitor  
Setting up an online account is easy!



1. Go to [www.munchmonitor.com](http://www.munchmonitor.com)
2. Click **REGISTER**
3. Enter
  - School ID: **fairfieldhs**
  - Password: **munch2165**
4. Enter your **email address**
5. Enter the **password** you want.  
Make sure you can remember your password
6. Review and tick on the **Privacy Policy**
7. Click **Register**
8. Click on the **Activation Link** in the email we sent
9. Follow the steps to **create your Parent Profile**
10. **Add Students** to your account
11. Click on **Account Top-up** to transfer money into your account
12. **You are now ready to order online!**

## Quick Information

### Using MunchMonitor Parent Portal Online Ordering

- You can place orders online up to 4 weeks in advance
- Top-up your account online using Debit/VISA/MasterCard
- List allergies to alert canteen staff
- You can order anytime you want using web browsers such as Chrome or Safari
- You can use desktops, laptops, tablets or smart phones with internet access
- It only cost \$ 3.65 (incl-GST) per school term for the family account
- No sign up fee
- No transaction fee

Call us at 1300 796 190 or email us at [help@munchmonitor.com](mailto:help@munchmonitor.com)  
if you require further assistance.

**MunchMonitor...making your school day easier**



[Facebook.com/MunchMonitor](https://www.facebook.com/MunchMonitor)



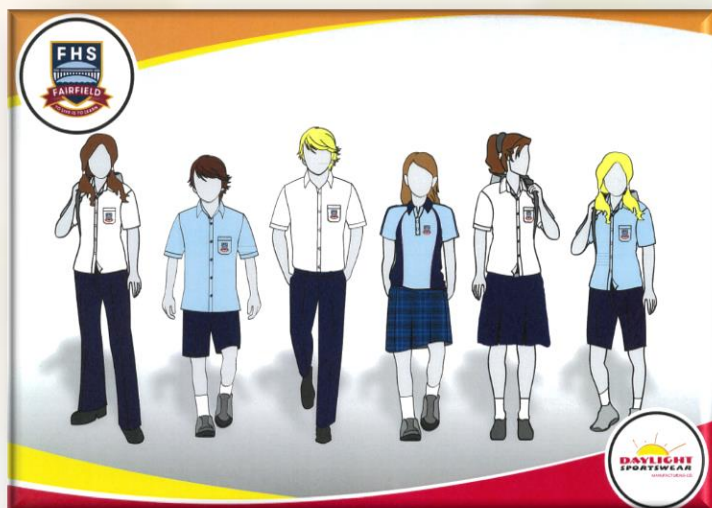
# School Uniform Shop

**DAYLIGHT  
SCHOOLWEAR**

COMPLETE  
UNIFORM  
SOLUTIONS

## Fairfield High School UNIFORM SHOP Price List

ITEM	PRICE
<b>Girls</b>	
Junior Girls Blouse	40.00
Senior Girls Blouse	40.00
Junior Girls Blouse Long Sleeve	40.00
Senior Girls Blouse Long Sleeve	40.00
Girls Shorts	40.00
Junior Tartan Skirt	50.00
Senior Skirt	40.00
Girls Slacks	45.00
<b>Boys</b>	
Junior Boys Shirt	40.00
Senior Boys Shirt	40.00
Boys Shorts	40.00
Boys Trousers	50.00
<b>Unisex</b>	
Winter Softshell Jacket Maroon	76.00
Winter Softshell Jacket Navy	76.00
Junior Softshell Jacket (Limited Stock Available)	70.00
Senior Softshell Jacket (Limited Stock Available)	70.00
<b>Jumpers</b>	
Junior Wool Jumper	72.00
Senior Wool Jumper	72.00
<b>Sports</b>	
Sports Shorts	35.00
Trackpants	45.00
Sports Polo	40.00
Sports Polo Long Sleeve	40.00
<b>Accessories</b>	
School Cap	10.00
School Tie	20.00
Reusable Tote Bag	1.00
Tuesday 8:00-11:00am Thursday 12:30-4:00pm Friday 8:00-11:00am closed school holidays Purchase online: <a href="https://www.daylightsportswear.com/fairfield">https://www.daylightsportswear.com/fairfield</a> - pick up from uniform shop WE ACCEPT MASTERCARD, VISA, AND EFTPOS NO CHEQUE PAYMENTS * Prices are subject to change without notice	







Fairfield High School is excited to announce our new parent messaging application **School Stream**, available for **android** and **IOS**. Please follow the guide below to install School Stream on your device and start receiving notifications

إنه لمن دواعي سرور فيرفيلد هاي سكول، الإعلان عن التطبيق الجديد لمراسلة الأهالي سكول ستريم، والمتواجد في أندرويد و آي أو أس. نرجو التقيد بالدليل أدناه لكي تستطيعوا تنزيل سكول ستريم على أجهزكم

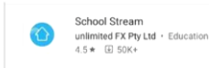
**android**

**iOS**



- 1) Open "Play Store"
- 2) Search "SchoolStream"
- 3) Download app

- 1) Open "App Store"
- 2) Search "SchoolStream"
- 3) Download app



- 4) Open the school stream app
- 5) Search "Fairfield High School"
- 6) Tap "Login"
- 7) Click "I accept"
- 8) Select "phone" and enter your number
- 9) click "Get Code" and enter it

#### # Change Default Language

Go to **Settings** -> **Language Translation** -> select your preferred language

#### # Notifications

Select only required grades so you are not receiving unnecessary notifications by tapping "Year Level" then slide the grade you want to remove to the left and tap "Remove"

**android**

**iOS**



- 4) افتح "Play Store"
- 5) ابحث عن "SchoolStream"
- 6) Download app حمل التطبيق

- 4) افتح "App Store"
- 5) ابحث عن "SchoolStream"
- 6) Download app حمل التطبيق

- 4) افتح التطبيق the school stream app
- 5) ابحث عن "Fairfield High School"
- 6) اضغط على "Login"
- 7) انقر على "I accept"
- 8) and enter your number و أدخل رقمك "phone" اختر
- 9) ثم اضغط على أنتر "Get Code" انقر على

#### # Change Default Language اختيار لغتك المفضلة

ثم اضغط على لغتك المفضلة **Settings** -> **Language Translation** اختر

#### # Notifications

اختر فقط السنوات التعليمية التي تريدها حتى لا تصلك إشعارات غير ضرورية، وذلك بالضغط على "Year Level" ثم دع السنوات التي لا تريدها تتحرك من خلال جرها إلى ناحية الشمال، ثم اضغط على كلمة "Remove"

Fairfield High School rất sôi nổi được loan báo cho phụ huynh một áp dụng gửi tin mới của dòng học đường, có thể dùng cho Android và IOS. Xin theo chỉ dẫn dưới đây để gắn ráp hệ thống dòng học đường vào thiết bị của quý vị và bắt đầu nhận được thông báo của trường

**android**

**iOS**



- 4) Open "App Store"
- 5) Search "SchoolStream"
- 6) Download app

- 4) Mở ra "App Store"
- 5) Tìm kiếm "SchoolStream"
- 6) Hạ Tải app ứng dụng

- 4) Mở ra the school stream app
- 5) Kiểm "Fairfield High School"
- 6) Đập vào "Login"
- 7) Bấm "I accept"
- 8) Chọn từ "phone" và nhập vào số phone
- 9) Bấm "Get Code" và đăng nhập vào

#### # Thay Đổi ngôn ngữ ngầm định

Đi vào **Settings** -> **Language Translation** -> lựa chọn ngôn ngữ ưa thích

#### # Thông Báo

Chỉ cần lựa chọn tầng lớp đòi hỏi như vậy thì sẽ không cần nhận được những thông báo không cần thiết. Chỉ cần đập vào "Year Level" sau đó trượt qua lớp không muốn chọn ở bên tay trái và đập vào từ "Remove"



Clean your hands regularly



Stay home if you're sick



Contact your GP or HealthDirect on 1800 022 222 if you're concerned



Cover your mouth when coughing or sneezing



# E-Cigarettes

## What you need to know as parents.

If you, or a parent you know, is concerned about the risks of electronic cigarette use in teenagers, the following information provides you with the facts.

### WHAT ARE E-CIGARETTES?

Also known as cuvies, stigs and vapes an e-cigarette is in simple terms a device that heats a flavoured liquid (popular flavours include; strawberry, watermelon, peach and creme brulee) to an aerosol which can be inhaled. The device can be disposable (often allowing for up to 600 inhalations) or it can be reusable by refilling the device with e-liquid or a pod (containing e-liquid). Recent data shows an increase in use of e-cigarettes over the past three years, with one in five students aged 16–17, trying e-cigarettes.

### HOW DO THEY WORK?

E-cigarettes produce an aerosol by using a battery to heat a liquid. This liquid is sometimes called “e-juice,” “e-liquid,” “vape juice,” or “vape liquid.” The liquid used in e-cigarettes is made up of flavours, chemicals and often contains nicotine.

Users inhale e-cigarette aerosol into their lungs. Bystanders can also breathe in this aerosol when the user exhales it into the air.

### WHAT DO THEY LOOK LIKE?

E-cigarettes come in a variety of shapes and sizes. They can be as small as a USB and even look like one, they can also look like pens, highlighters or cigarettes.



### WHY ARE THEY UNSAFE/RISKY/DANGEROUS?

E-cigarette liquid is made up of different chemicals. These chemicals can include:

- Nicotine (although illegal without a prescription in Australia, many disposable devices that youth are using contain nicotine.)
- Flavorings such as diacetyl, a chemical linked to a serious lung disease
- Volatile organic compounds
- Cancer-causing chemicals
- Heavy metals such as nickel, tin, and lead

**Studies have also shown that kids who use e-cigarettes are more likely than their peers to go on to smoke cigarettes.**

### Effects of nicotine on youth:

- Nicotine can harm the developing teenage brain.<sup>1</sup> The brain keeps developing until about age 25.
- Using nicotine as a teenager can harm the parts of the brain that control attention, learning, mood, and impulse control.<sup>1</sup>
- Each time a new memory is created or a new skill is learned, stronger connections – or synapses – are built between brain cells. Young people’s brains build synapses faster than adult brains. Nicotine changes the way these synapses are formed.
- Using nicotine as a teenager may also increase risk for future addiction to other drugs.<sup>1</sup>

### WHAT CAN I DO AS A PARENT?

The KEY is talking about e-cigarettes with your child, preparing yourself with the facts and role modelling with a smoke and e-cigarette free environment. KEY considerations for talking about e-cigarettes:

**K:** Know the facts or where to find them from a reputable source

**E:** Engage on the topic in a relaxed and easy way. Use the cues around you, a note home from the school, a person using a device, a story on the news as the way into the conversation and the way to keep talking about it ongoing.

**Y:** You know your child, communicate with them in ways that work for you and allow you to provide them with the right information to make healthy decisions.

**Important note** – if you are concerned that your child may be experiencing nicotine withdrawal please speak to your pediatrician or doctor.

For advice on existing evidence based methods to quit call the Quitline on 13 7848 or find online support here: [www.cancercouncil.com.au/cancer-prevention/smoking/quitting-smoking/](http://www.cancercouncil.com.au/cancer-prevention/smoking/quitting-smoking/)

More information on e-cigarettes can be found here:

[www.cancercouncil.com.au/cancer-prevention/smoking/electronic-cigarettes/](http://www.cancercouncil.com.au/cancer-prevention/smoking/electronic-cigarettes/)





# THE CRITICS' CHOICE

## The health effects of tobacco smoking and e-cigarette use

### Effect of tobacco smoking on your health:

- Smoking is the main cause of **preventable** death and disease in Australia!
- Smoking is linked to **40+ diseases**, including lung cancer, liver cancer, emphysema and eye and mouth diseases.
- When you smoke, extremely harmful chemicals enter your body and can reach your heart, brain and go everywhere your blood flows.
- Smoking affects how you look and feel.

### Effects of e-cigarette use on your health:

- E-cigarettes contain chemicals that **haven't been tested for safety** when inhaled into the lungs.
- E-cigarette makers don't list all their ingredients and it can be hard to find out what they are. Some e-cigarettes contain nicotine even when they are labelled "nicotine free".
- Nicotine is **highly addictive** and can harm your brain development.
- Studies have shown that young people who use e-cigarettes are **more likely to smoke** and become addicted to cigarettes in adulthood.

#### Smoking can:

- Stop your lungs growing properly and make you less fit.
- Give you tooth decay and sore or bleeding gums.
- Make you wheeze or trigger an asthma attack.
- Cause addiction to the drug nicotine.

#### Using e-cigarettes can:

- Make you wheeze or trigger an asthma attack.
- Make you moody, anxious and irritable.
- Expose your lungs, body and brain to harmful chemicals.
- Cause addiction to the drug nicotine.

### Smoking and e-cigarettes affect your brain:

Your brain is particularly sensitive to the effects of nicotine. Your brain is still developing until you are about 25 years old, so if you use nicotine your brain may not be able to properly develop. This means that you are more likely to develop anxiety and mood disorders.

### What does all this mean for you?

Smoking or using e-cigarettes:

- is bad for the health of your body, lungs and brain
- costs a lot of money and can mean you miss out on doing fun activities
- exposes you to addictive and unknown substances
- gives you yellow teeth and unhealthy gums.

**By choosing not to smoke or use e-cigarettes you are setting yourself up for a healthier and happier life!**





With your help, a safer community.

# DRIVING OFFENCES IN SCHOOL ZONES

## Disobey 'No Parking' Sign



Fine =  
**\$191\***  
& Lose 2 Points

'KISS & DROP' ZONE  
ONLY stop to  
drop off or pick up  
Stay within **3 meters**  
of your car  
Stay less than **2 minutes**



Section 168 Road Rules 2014

## Disobey 'No Stopping' Sign



Fine =  
**\$344\***  
& Lose 2 Points

DO NOT STOP  
for ANY reason



Section 167 Road Rules 2014

## Child or Passenger Not Restrained

Fine =  
**\$344\***  
& Lose 3 Points



Sections 265, 266, 267 Road Rules 2014

## Driver Uses Mobile Phone When Not Allowed by Law

Fine =  
**\$457\***  
& Lose 5 Points



Section 300 Road Rules 2014

For more information see: **Road Rules 2014** <http://www.rms.nsw.gov.au/roads/safety-rules/road-rules/index.html>  
\*Fines are current as of May 2020. Fine amounts change regularly. For up-to-date fine amounts see: <http://www.rms.nsw.gov.au/roads/safety-rules/demerits-offences/index.html>

## Disobey 'No Parking' Sign



- ONLY stop to drop off or pick up
- Stay within **3 meters** of your car
- Stay less than **2 minutes**

Fine =  
**\$191\***  
& Lose 2 Points

Section 168 Road Rules 2014

'KISS & DROP' ZONE



Fine =  
**\$344\***  
& Lose 3 Points

Child or Passenger  
Not Restrained  
(Not wearing a seat belt  
or not in a child seat)

Sections 265, 266, 267 Road Rules 2014

Fine =  
**\$457\***  
& Lose 5 Points

Driver Uses Mobile Phone  
When Not Allowed by Law  
DO NOT talk, text or  
view your phone while

Section 300 Road Rules 2014



Fine =  
**\$344\***  
& Lose 2 Points

DO NOT STOP  
for ANY reason

Section 167 Road Rules 2014

For more information see: **Road Rules 2014**  
<http://www.rms.nsw.gov.au/roads/safety-rules/road-rules/index.html>

\*Fines are current as of May 2020. Fine amounts change regularly.  
For up-to-date fine amounts see: <http://www.rms.nsw.gov.au/roads/safety-rules/demerits-offences/index.html>





### *IEC Deputy Principal's Report*

The first half of 2022 pleasingly saw the lifting of COVID restrictions and the much anticipated return to the resumption of our normal school activities at Fairfield Intensive English Centre including, the return of the Refugee Health nurse, our weekly Activities, excursions and parent programs. From Term 3, we will also resume the IEC Homework Centre.

I am very pleased to report that Fairfield IEC has enrolled over 150 students since the start of 2022. Our enrolments currently stand at 180 students and we continue to process new enrolments on a daily basis. This is welcome news for Fairfield IEC, Fairfield HS and our partner schools as well as the Intensive English Program following two years of very low enrolments due to COVID-19. Since the beginning of Term 1, we have seen new enrolments from Iraq, Syria, Vietnam, Samoa and Ukraine, all of whom have settled in very well and become accustomed to new school routines. Congratulations to all the office staff for the extremely efficient way the enrolments have been processed.

With increased enrolments and the lifting of the COVID restrictions, we

were able to resume our weekly Activities program aimed at assisting our students with their settlement. Our students are currently participating in songwriting, drama, drumming, sport, art and other welfare activities that are being led by our community partners from STARTTS, Australian Literacy and Numeracy Foundation, Creating Chances, Department of Justice and PYT Fairfield. On behalf of Fairfield IEC, I would like to thank our community partners for the great service that they provide to our students. Our staff also organised exciting excursions for their classes to different sites of Sydney such as Manly, the NSW Art Gallery, Opera House and many others so that our new students could experience learning outdoors and to enjoy each other's company in a more relaxed atmosphere.

It is great to see the Elaine McGowan Learning Centre being utilised by our students and staff. All our staff have been trained on how to navigate through the facility and English teachers accompany their classes to the Elaine McGowan Learning Centre at least once a week for specific library skills development. In addition, students have the opportunity to engage in silent reading and to borrow books every lunchtime.

### Upcoming Events

#### **Term 3, 2022**

Students return  
**Tuesday 19th July**

Year 12 Exams Trial  
**Start Monday 1<sup>st</sup>  
August Ends  
Friday 12<sup>th</sup> August**

Year 11 Yearly Exams  
**Start Monday 12<sup>th</sup>  
September Ends  
Thursday 22<sup>nd</sup>  
September**

Last day of Term 3  
**Friday 23<sup>rd</sup> September**

#### **Term 4, 2022**

Students return  
**Monday 10<sup>th</sup> October**

HSC Exams begin  
**Tuesday 18<sup>th</sup> October**  
Ends Friday 11<sup>th</sup>  
November

Last Day of Term 4  
**Monday 19<sup>th</sup> December**



Our students are also being kept busy during lunchtimes through table tennis competitions, volleyball and basketball, guitar classes with Mr O'Connell and Ms Elep as well as the Gardening Club with Mr O'Connell, Ms Bennett and Ms Taouk.

At the IEC, we believe very strongly in strengthening the working relationship between our parents and the school. This is why we were very keen to resume our Parent Orientation Program as soon as parents were allowed to be on the school site. Ms Nona hosted 100 parents as part of the six week program, which provided IEC parents with useful information about the school's policies and procedures. I would also like to thank The Parks Community Service for their very generous donation of several gift vouchers that were given to the parents who attended, and which were greatly appreciated.

Mr Avgoustou  
Deputy Principal  
Fairfield IEC

### ***Talks to students and parents by Fairfield Police Youth Engagement Officer***

In Term 2, the IEC held two successful police talks by Senior Constable Glenn Clark, Fairfield Police Youth Engagement Officer, aimed at informing both students and parents about aspects of Australian law, rights and responsibilities, respectful relationships, vaping and many other issues. The parent meeting was attended by 51 parents, who were very appreciative. Similarly, IEC students found the talk by Senior Constable Glenn Clark highly informative and many commented on how this information will keep them safe. Thank you to Senior Constable Glenn Clark for his time and expertise, Ms Nona for organising the event and to Milad Naisan, Refugee Support Officer, for ably translating on the day.

*The photos below show just how engaged both audiences were during these talks.*





## IEC Garden Learning Space

We are very pleased to announce that our IEC garden learning space has now been completed. This exciting project includes a new grassed area, modern and comfortable seating, a covered outdoor learning space and large vegetable pods for students to grow their own vegetables and a protective fence. I would like to thank Mr O'Connell, Ms Bennett and Ms Taouk for leading this project. Congratulations also to Mr O'Connell and Ms Bennett for their initiative in securing donations of plants and seedlings, seeds, mulch, gloves, hats and tools from Bunnings Villawood. I would like to take this opportunity to thank Bunnings Villawood and, in particular Jodie Rinkin, Activities Organiser, for their very generous donations and their huge support of Fairfield IEC. Bunnings Villawood is also planning on supporting the IEC Garden with the addition of water tanks to harvest rainwater and supplying an outdoor kitchen area where students will be able to prepare and cook the fresh, organic produce they have grown.

The photos below show the journey that this project has taken in the last 12 months.





## ***Electrical Circuits Experiment***

At the IEC, the primary objective of students is to learn English. This is reflected in all Key Learning Areas, and while it is an immersive environment for language learning, students often do not have opportunities to participate in hands-on activities.

This term, class 3A has been learning about electrical circuits. They have assembled a range of series and parallel circuits using various wires and household objects. Students skilfully interpreted electrical circuit theory and communicated the task to their peers, who actively listened and constructed the circuits.

Additionally, the students have documented this experiment through their scientific investigative reports. Prior to completing the practical component, students jointly constructed an investigative report hypothesising that they would complete various circuits within a certain time frame. The experiment yielded mixed results and the students were keen to further develop their scientific writing. An excellent achievement for 3A!



teacher, Ms Ung, both of whom have received special training in the delivery of this program. The cohort from Term 2 enjoyed the program and has benefited greatly from learning coping strategies to assist with settling into a new country.



## ***2A and 3A Drama Production***

In the final week of Term 1, Ms Ung guided IEC classes 2A and 3A to independently compose and perform plays in small groups. Many of these students had just enrolled in the IEC and had been exposed to narratives and narrative elements for the first time. Their showcase demonstrated how deeply they understood the task.

The classes performed in full costume to Mr O'Connell, Ms Sarac, Ms Aldover, Ms Redondi and Mr Giakoumatos. The students were creative, confident and supportive of each other as they stepped out of their comfort zones in front of teachers they had never met. The students had a fantastic day and their teachers were proud of them for their excellence.



Ms Ung  
IEC Teacher

## ***Student Welfare Program - Settling In***

*Settling In* is a welfare program designed for a group of newly-arrived refugee students. It aims to help students adjust to life in Australia by discussing the emotional experiences of migration. During the nine-week program, students learnt to:

- talk about their feelings;
- normalise feelings of discontent;
- form positive interpersonal relationships; and
- learn constructive intrapersonal coping strategies

The *Settling-In* program ran for one period a week. It was facilitated by the School Counsellor, Adam Gaal, and classroom





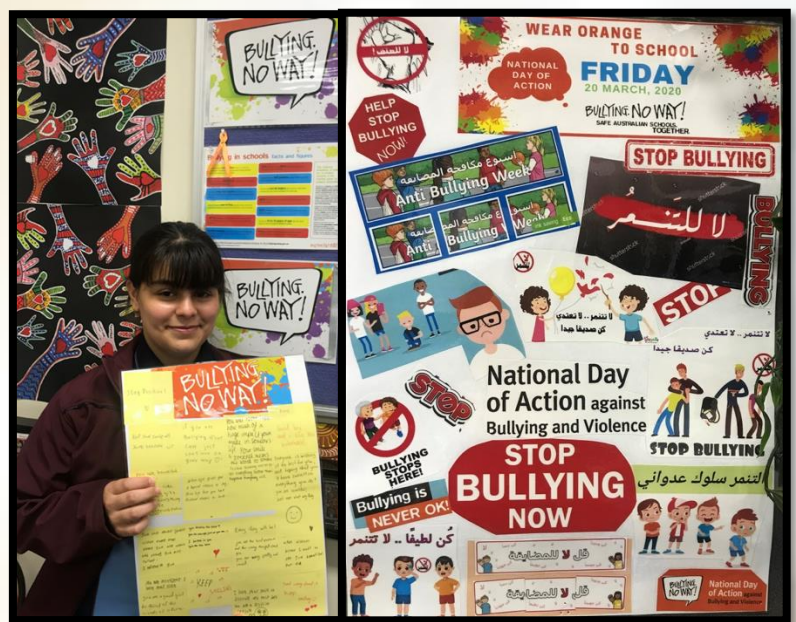
### The National Day of Action against Bullying and Violence

The NDA is Australia's key bullying prevention event for schools. This year, Fairfield IEC celebrated Australia's bullying prevention initiative with the theme 'Kindness Culture'. Kindness is a key element for bullying prevention and promotes care, respect, understanding and a sense of belonging. It is an opportunity to teach and demonstrate kind behaviour, which plays an important role in bullying prevention.

The NDA is an opportunity to bring the whole school community together, send a powerful message that bullying and violence are never okay and to promote the school's bullying prevention strategies. Everyone has a role to play in bullying prevention and together we can make a change.

On the day, students engaged in a variety of activities to promote a strong culture of no bullying. These included, viewing presentations, writing kind and positive messages to each other and engaging in meaningful conversations regarding bullying.

The school has a 'no bullying' policy and it endeavours to constantly ensure a safe and positive learning environment for all its students.





## Parent Welfare Program - Orientation Day

All parents of students from the IEC were invited to the Parent Orientation Day. During the day, the parents were provided with useful information about schooling in NSW, the IEC's welfare system and the transition of IEC students to high school and TAFE.



Mr Milad Naisan  
Refugee Support Officer

Ms Nona  
Head Teacher Welfare

## Harmony Week



Harmony Week is about inclusiveness, respect and belonging for all Australians. Regardless of culture or linguistic background, everyone is united by a set of core Australian values.

Fairfield IEC came together to celebrate its diversity. Students from Iraq, Afghanistan, Vietnam and Samoa explained the purpose of celebrating their cultures in their native language.

It was a great opportunity to learn about the uniqueness of every culture and their rich history. It also gave students an appreciation of multiculturalism in Australia and the ways in which we can promote our own identity but also be mindful of others.



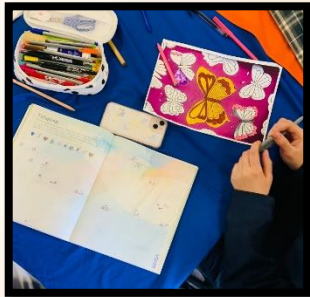
IEC Welfare Team



## Student Welfare Program – Seasons for Growth

Fairfield IEC and STARTTS presented this program in small groups to select students. This excellent program is based on research that highlights the importance of social support and the need to practise new skills to cope effectively with change and loss. The program focuses on issues such as grief, self-esteem, managing feelings, problem solving, decision-making, effective communication, and support networks.

The *Seasons for Growth* Program ran for eight weeks and was facilitated by trained staff from STARTTS. It concluded with a 'celebration' session involving an excursion. Students thoroughly enjoyed the program and were able to develop skills in dealing with various personal issues in their lives.



Ms Banks  
START



### ***Student Welfare Program – Express yourself***

Fairfield IEC and STARTTS presented this program to a small group. This excellent program is based on research that highlights the importance of creative activities and the need to practise new skills to manage feelings in a healthy and safe way. The activities focused on providing opportunities to try out new ideas and ways of thinking through drawing, visuals, painting, videos, and shared interests. All the IEC students were enthusiastically engaged in two hours sessions.





## ***The IEC Student Representative Council 2022***

The main aim of the Student Representative Council is to give students at Fairfield IEC a voice in the decision-making process of the school.

The SRC members also:

- organise knockout games during lunchtimes in which students and staff participate;
- raise money for charity;
- raise money for specific student needs/wants;
- assist with the running of weekly assemblies;
- attend leadership workshops and camps; and
- assist as volunteers in the school canteen.

The SRC meets regularly as a group, so if you have any matters which you wish the SRC to be aware of, speak directly to any SRC member. They are recognisable by the badge they wear.

The Semester 1 2022 SRC students are:



Ms Boukas  
IEC Teacher

Ms Ung  
IEC Teacher



## **International students back at Fairfield IEC**

It has been a challenging few years, with border and travel restrictions in place and it seemed never ending. This is why it was so pleasing to welcome international students back to the IEC. Our new students, all from Vietnam, are excited to be in a new country to study English. They are actively participating in the study program on offer in the IEC, which is wonderful to see. It is our wish that these students have a safe, happy and engaging stay.



## **IEC Garden Club**

Term 2 has seen the commencement of the IEC Garden Club, with up to 20 IEC students, regularly getting their hands dirty in preparing, growing and maintaining our new IEC garden area, where they have started to plant out vegetable and herb seedlings.

The aim of the garden club is to educate students about sustainable practices, such as composting food and garden waste, preparing and enriching soil, planting and maintaining crops, harvesting produce, as well as cooking and eating what is grown in the garden.

The long-term goal of the IEC Garden is to create a 'farm to plate' experience for students who are new to Australia, many of whom have experienced some form of farming or gardening experience before they arrived in Australia. The garden club aims to also source and grow some of the traditional crops that students are familiar with from their home countries and then prepare traditional recipes as a way of sharing cultural knowledge.

Nancy Oraham, who was one of the IEC students participating in the Garden Club said "the garden club is a blessing to students, as it gives us an opportunity to learn how we grow our food and how to look at life from a different perspective, away from the influences of technology and social media".

The IEC has received support from Bunnings Warehouse at Villawood, who supplied the seedlings, seeds, mulch, gloves, hats and tools. They are also planning on supporting the IEC Garden with the addition of water tanks to harvest rainwater and supplying an outdoor kitchen area where students will be able to prepare and cook the fresh, organic produce they have grown.

Mr O'Connell (IEC Head Teacher)





## Sydney Eyecare Services (SES)

During Term 2, Sydney Eyecare Services collaborated with Fairfield IEC to bring its fully equipped mobile optometry clinic to our school. The visiting team consisted of AHPRA registered optometrists conducting eye check-ups for two days. The eye-testing program was bulk-billed to Medicare.

The services included:

- clarity of vision assessment for distance and near
- internal and external eye health assessment
- eye co-ordination, binocular vision, depth perception and colour vision assessment
- testing report sent to parents

All students' reports were confidentially discussed with their families and followed up where necessary. We are very fortunate to have such services and facilities offered at the IEC to ensure all our students remain healthy in order to receive the best education.



**Feel Good Program:** *Feel Good* is a group program for newly-arrived refugee students which aims to achieve the following:

- ✓ learn to identify and label emotions/core feelings;
- ✓ explore both the individual and universal experiences of emotions;
- ✓ link emotional regulation to positive relationships and overall sense of wellbeing;
- ✓ normalise the intensity and frequency of human emotions;
- ✓ explore the key purposes and use of emotions in our lives;
- ✓ develop awareness of the need to take personal responsibility for the utilisation and expression of emotions;
- ✓ create social connections around common experiences and build on abilities to communicate and empathise with each other;
- ✓ reflect on how our emotions influence our behaviour/actions, as well as how we interact with others;
- ✓ establish link between emotional regulation, stress and self-awareness;
- ✓ process some of the experiences that deplete our self-esteem and encourage help-seeking behaviours;
- ✓ establish awareness around self-compassion;
- ✓ manage stress using self-care, physical exercise and team work.

The program runs for two periods a week. It is facilitated by Ms. Barbary who has received special training in the delivery of this program. Students enjoyed the program and have benefited greatly from learning coping strategies to assist with stress management. Students have also engaged in a variety of activities that have assisted them in self-confidence, team building and responsibility.

**Are your child's eyes ready  
for the classroom?**

**Bulk Billed  
EYE EXAM  
for Children at school**

Healthy vision is important for your child's educational, physical and social development and to help them reach their full learning potential.

Did you know that 1 in 5 children have an undetected vision problem?

With 80 per cent of all learning experienced through vision, it is no surprise that children with undetected vision problems often fail to progress well in school.

Children's vision can change dramatically from one year to the next, so a thorough eye examination is recommended to ensure your child has healthy vision.

Many children continue to experience undetected and unnecessary vision problems and often they assume that how they see is normal. We need to be able to recognise the signs of a vision problem, and to ensure children are examined regularly to detect any problems early.

**Symptoms to watch out for**

- Blurred vision, headaches, or sore eyes
- Delayed progress in reading
- A turned eye, red or watery eyes, and frequent blinking
- Poor hand-eye co-ordination
- Reading difficulties

*Once recognised, these problems are usually easy to correct, which is why early detection and eye testing with SES is essential.*

**Your child may be eligible for a comprehensive Eye-examination with no out-of-pocket expenses.**

**SYDNEY EYECARE SERVICES**  
Mobile Optometry  
Phone : 0405734321  
Email : sydneyeyecareservices@gmail.com

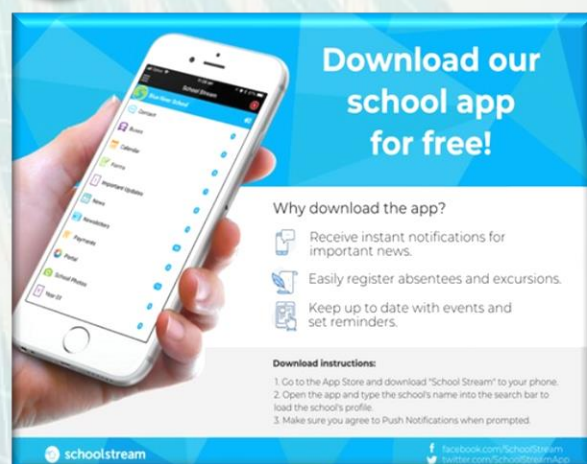


# Keep up to date with the latest news from Fairfield High School and Fairfield IEC through our Social Media Channels

[Twitter.com/fairfieldh1](https://twitter.com/fairfieldh1)



[www.facebook.com/fairfieldh1](https://www.facebook.com/fairfieldh1)



# Website

W: [Fairfield-h.school.nsw.edu.au](http://Fairfield-h.school.nsw.edu.au)



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Creativity Excellence Success

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